Autism: Causes Unknown or Causes Ignored?

by V. Bradshaw-Black ©

Autism, a condition characterized by self-absorption and social withdrawal, was first described as a new type of mental disorder in the 1930’s by Leo Kanner at about the same time that mercury, in the form of thimerosal, was introduced into vaccines.

Autism and similar associated conditions such as Asperger’s, Attention Deficit Disorder, Schizophrenia and Hyperactivity are now acknowledged as toxic auto-immune states manifesting in psychological and physical symptoms and have some acknowledged triggers but the causes of these states require consideration of several issues:

a) Heavy metal toxicity (inherited from parents and from own amalgam fillings, vaccinations, other mercury sources)

b) Chronic cellular dehydration

c) Deficiency of unrefined salt (and resultant electrolyte imbalance and nutritional aberrations, especially minerals)

d) Essential fatty acid deficiency (interfering with cellular respiration)

e) Cow’s milk intolerance and allergy is particularly implicated

f) Vaccinations (considered by some authorities as both causative and a trigger) - vaccine damage never appears before vaccination but the damage can be second and third generation inherited.

g) Antibiotic/drug treatments In one study, one common factor in autistic children was anti-biotics whilst in utero

h) Psychological aspects (can tip the scales)

i) Inherited general toxicity state, particularly associated with tubercular miasm

j) Reflex disorders

k) Fluoride damage

l) Food-triggered immune responses, especially proteins in cows milk

Never before have we had such an appalling record of conditions affecting children which are just accepted as the norm. Who would consider that such things as vaccination, antibiotics, mercury fillings, chloride and fluoride in the tap water, pesticide- and chemical-laced food etc. could damage a child’s inheritance? It took the orthodoxy of the day 100 years ago to concede that Vitamin C deficiency was responsible for scurvy and in some ways we haven’t moved on very far from there. Such things as modern day miasmas (inherited disease states/tendencies) are not generally considered and I have seen nothing in writing along these lines. I believe that what we are seeing in current childhood diseases, are the results of opening ‘Pandora’s box’ many years ago. Doctors and scientists are becoming more and more vociferous in claiming this but many are, at present, sacked or ridiculed for saying so, despite documented scientific evidence.

Nothing can exist, except by being caused to exist.

In other words, there is a cause for every effect. There are causes for the effects of autism and related conditions and all curative treatments are in the reversal of those causes.

The mercury content of vaccines is implicated as highly causal and the MMR vaccination both causal and trigger. Cases of great improvement and complete cures have been documented many times but you will not see them ‘advertised’ on the local news.

Many states are labelled as ‘genetic’ but that does not necessarily mean irreversible. It means that orthodox medicine can do nothing and so they set it in concrete, so to speak, an unquestionable label. Consider that even inherited toxicity, deficiencies and miasms (propensities for inheritance) are not considered by orthodoxy, and you see that there is a large area of potential reversal as yet unconsidered. The hot potato of politics is ever present but for those wanting information and positive treatment, there is plenty available.

If a start is made to correct the physical side by rehydration (distilled/bottle/filter water), unrefined salt, dietary changes, detoxification (homeopathic), and vitamin/mineral correction (supplementation), then the remaining factors can be considered. We can only pass on to our children what we have and we are now third generation vaccinated and routinely drugged (albeit legally) human beings, as well as malnourished and deficient because of farming and food processing factors. Health is a ‘sow and reap’ principle and is now so complex because of the multiple-toxicity factor of the society in which we live.

Treatment Protocol

Most people will need professional help and advice on an individually tailored basis to start a treatment regime. There are some practitioners who work with reflex points which are apparently undeveloped and which are associated with autism. These undeveloped reflex points, which have to be corrected, are also relevant to states other than autism, for example epilepsy. However, it is important to address all relevant areas and not leave any undone if full health is desired. If one particular line of treatment brings changes – great – but do not leave the others undone.

- Start with rehydration and introduction of unrefined salt, diet modification and homeopathic detoxification.

- Rehydration must be carried out with bottled, filtered or distilled water. Tap water containing toxins, chloride and fluoride must not be taken. Acceptable water sources:
  a) Worktop home distiller
  b) Pozzani or similar fitted sink filter (vital to remove fluoride)
  c) reverse osmosis unit
  d) certain bottled waters (all bottled waters are not suitable).

- Remove any amalgam fillings/other metals. Replace with least toxic (fluoride-free, BisGMA-free, aluminium-free) white fillings without fluoride liners – use a knowledgeable dentist – this must be done correctly.

- Eliminate cow’s milk (amongst other things, interferes with calcium uptake) – use goats/sheep’s/rice milks but not soy baby formula. Nanny goat milk baby formula is available.
Raw milk, full of enzymes is the natural milk. Pasteurised milk brings problems of its own.

- Eliminate animal fats/hydrogenated fats (lymphatic blockers). Introduce essential fatty acids (e.g. Essential Balance, Udo's Oil, organic butter, cocobutter and fish oils), lecithin and food enzymes at least until the body accepts essential fatty acids which are not readily tolerated in the toxic, dry state.

- Introduce organic brown rice/flour etc. Move away from refined foods. Careful attention to dietary intake is most important. Low-fat diets are detrimental for children.

  - Homeopathic:
    - Heavy metal detox
    - Vaccine detox (vaccines are a well documented cause and trigger)
    - Thymus sarcode/circulation remedy
    - Individually assessed detoxification remedies
    - Thyroid correction remedy
    - Serotonin levels checked and corrected

- When rehydration and detoxification level is adequate, supplement:
  - Continued unrefined salt
  - Basic Foodstate Multivit/min B complex – (must be P5P form) with Mg, Zn and Vit. E.
  - B15 (Pangamic acid)
  - Vit C (Magnesium Ascorbate) plus bioflavonoids.
  - Intestinal flora (acidoph/ bifidus) temporarily helpful
  - Glass organic carrot juice daily
  - Essential fatty acid complex with lecithin and lipase/
  - lactase in yoghurt base

Ideally, all of the above should be tested for individual biocompatibility before use. A knowledgeable practitioner would be a source of counsel here.

Fluoride, toxic industrial waste material, is implicated in Autism amongst many conditions and on the internet, extracts of papers referring to research by Schuld speak about research done by his group on Autism after parents reported great improvements in their children's conditions after fluorides were eliminated from the diet, and how their research found a strong association with a particular group of G proteins (Gq/11) which are also highly implicated in Alzheimer's disease, Down Syndrome and thyroid dysfunction. The study showed an increase of 18% in observed thyroid cancers in the fluoridated areas when compared to non-fluoridated areas. Newspaper articles from China report that entire villages are being re-located due to fluoride contamination and where fluoride is being openly acknowledged as the cause of thyroid cancer, Kaschin-Beck disease and iodine deficiency. This ties autism to thyroid function and fluoride damage.

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