

Cancer Detoxification Approaches

It was Dr Schulz the herbalist who said, "There are no incurable diseases, only incurable patients." This has been our experience as well. We will state at the outset that we do not treat or diagnose cancer patients. We develop strategies and advise those with cancer to help them gather the weapons to defeat cancer themselves, as this is the only method by which this or any other chronic condition, can be beaten. Patients come to us, either as a result of the failure of conventional therapy, or having already decided on alternative course of action.

The Nature of Cancer Treatment

Cancer is the sudden symptom of long-term exposure to the toxins of our modern world. We subscribe to the theory of Dr Beard who 100 years ago claimed cancer was a result of the cellular repair mechanisms going haywire as the cells

system and supplying the body with oxygen, should have a positive effect on the cancer patient. So it has turned out.

Whilst there is common ground in this approach, every cancer patient is unique. What would be suitable for one patient with a particular cancer might not be suitable for another person with a similar cancer. We will clarify this later on in the article but it is very much an 'outline only' in the space provided.

Components of Cancer Treatment

Therapy should consist of physical, psychological and spiritual elements. The physical we shall describe, the psychological is positive thoughts with laughter, and the spiritual is completely up to the individual. Suffice it to say, all three elements are needed for a successful outcome and the aim of the spiritual is to displace fear with love.

A diagnosis of cancer is always panic inducing and this fear element is used by both conventional medicine and some alternative groups to force a patient into a particular course of action. Some

Alternative Clinics claim

nutritional supplements are useless and going their particular way is the only method that works. We disagree. Talking to Alternative Clinics all over the world using a variety of techniques, the message is the same. What used to work ten years ago is longer so effective in cancer therapy.

The Gerson Therapy is a good starting point in most cases, but you have to adapt it now for good results. This is most likely due to the fact that we are more polluted than ever before, our immune systems are more tilted out of balance by heavy metals and vaccinations. The vitamin and mineral quality of food has declined by up to 50% in the last 40 years. With our defences down, exposed to greater and more complex toxins than ever before – most of us being nutrient deficient, it is little wonder that the forecasts of cancer rates are up to 1 in 2 of the population.

This means intelligent supplementation is vital.

Diagnostic Tests

Whatever approach is used, constant monitoring is needed. Monitoring can tell not only if a strategy is working, but what needs to change for more positive results.

Depending on the nature of the cancer, the monitoring may encompass conventional blood tests and x-rays but, more likely, tests that have yet to gain wide acceptance in conventional medicine. These may include thermal imaging, blood and urine tests and hormonal tests depending on what type of condition is under review. For instance Thermal Imaging is no good for a leukaemia-type condition but excellent for breast cancer. A positive pregnancy test on a man will mean cancer is present but on a woman it can have an altogether happier meaning. The blood tests can indicate tumour activity, whether there are invasive actions going on or secondaries being produced, whether the tumour is active or static or regressing. Imbalanced neurological pathways can show up along with an indication as to the presence of a viral, bacterial, fungal or mixed infection. Immune system function can be assessed, Natural Killer cells function, for example, as well as inflammation in the body and oxygen utilization. These tests are repeated normally at three monthly intervals. This would be an actual report informing us that the tumour is small, still active but not invasive; thus the strategy being taken is effective so far.

It would appear from the report overleaf, that there is a growing population of abnormal cells and this cell population is localized. It is not characterized by a high level of transformations or mutations. Also, as is indicated by the Neurological Profile, there is no extremely high activity of dopamine, which is one of the significant features of Patient X.

There is a suggestion that the elimination of the negative factors (fungal/yeast and bacterial infections as well as the toxic substance) which has been revealed by the Neurological Profile has been beneficial for the normalization of

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were constantly being injured. Modern research is pointing in this direction as well, even though it is contrary to the modern paradigm of cancer theories. The vast majority of cancers are anaerobic i.e. live without oxygen. So common sense would indicate that a successful detoxification program, enhancing the immune

SAMPLE PATHOLOGY REPORT

prepared for Patient X on the instruction of: Dr G Munro Hall,

Date of sample: 19/08 /03

Number of cells with Active Telomerase

Result: 86 cells/ul of plasma (Low activity)

Normal range: None or not detectable.

Anti P53 Antibodies

Result: 0.15 units/ml of plasma (Wild)

Normal range: <0.85 units/ml of plasma

Soluble P185 2 Protein

Result: 46.1 ng/ul of plasma

Normal range: <6.8 ng/ul of plasma

VEGF Gene Expression

Result: 112 copies/ul of plasma

Normal range: 1-1,500 copies/ul of plasma

Matrix Metallo Proteinase 2 Gene Expression

Result: 661 copies/ul of plasma

Normal range: 1-1,500 copies/ul of plasma

the brain activity, the prevention of mutations and the delocalization of any transformed cells.

Detoxification

This is not a guide to alternative cancer therapies. There is much that we do which is not contained in this article. We have concentrated here on the most important aspect of any treatment, detoxification. The detoxification route is pH dependent. This means the acidity or alkalinity of the patient is the determining factor in deciding the sequence of events in a detoxification program. Broadly speaking, patients are split into two groups; 80% in one group and 20% in the other group. pH is measured in the blood, saliva and urine. There are non-invasive ways of determining blood pH.

We will stick to the 80% group and describe a typical program requiring a high pH strategy and speeding up of the metabolic rate. Be aware that this is not a one size fits all, but is tailored to the individual.

Physical therapy is important. This can consist of all or some of the following: infra-red saunas, lymph drainage, Raindrop massage technique with essential oils, alternating hot and cold showers, skin brushing, Kneip water treatment, hot castor oil packs over the tumour site and of course enemas. Coffee enemas are essential – at least three a day. B17 or laetrile can also be effective in an enema as can wheatgrass. Coffee enemas help the liver dump its toxic load via the portal

vein and they are not that hard to do once the initial squeamishness is overcome.

Diet

Forbidden is all refined flour and sugar as well as salt, dairy, grapefruit juice and meat products. Vegetables are steamed and a non-centrifugal juicing regime started with extensive supplementation. Sodium is out and potassium is in. The reason for this is not the usual explanation of sodium/potassium membrane pumps but the fact that glucose free potassium can enter a cancer cell raising the pH high enough to kill the cell and sodium cannot do this. Potassium citrate is a good source of potassium with the added bonus that it can buffer excess acidity in the body as well. Most, but not all, cancers cells are acidic and are vulnerable to a rise in pH, unlike healthy cells. Green tea is in and coffee is out. Herbal teas are in, especially those containing uva ursi, juniper berry, cornsilk, parsley root, dandelion and hydrangea root. These herbs help stimulate liver and kidney function. High quantities of flax oil mixed with quark are excellent at reducing inflammation. The oil produces ligands when mixed with quark which, together with the anti-inflammatory effect of the omega 3 flax oil, have a very beneficial effect on cancer patients and other inflammatory conditions.

A typical daily regime would consist of juices:

- Green and carrot
- Beta-Carotene 30mg

- Vitamin E 400mg
- Vitamin B complex 50mg
- Evening Primrose Oil 500mg
- Ascorbic Acid 8g
- Vitamin A & D emulsion and Q10 400 mg.

Add to this list Glutathione and N-Acetyl Cysteine means increased detoxification and a positive sense of well being. The immune system is targeted by taking MGN3, a Japanese mushroom extract, Vitamin B15 and the live gut bacteria from Probi AB. This gut bacteria is gaining acceptance as an adjunctive treatment for cancer in Scandinavia where it has a proven track record. Thyroxin 50mcg daily is also a possibility to speed up metabolism and detoxification. Digestive Enzymes to Dr Krebs original formula are essential and to our mind, as are Laetrile or B17 along with Apricot seeds, 1 seed per 10lbs body weight per day. A word about Laetrile or B17 as it sometimes referred to... It is commonly thought to work by poisoning a cancer cell with the cyanide it contains. Cancer cells lack the enzyme that healthy cells have to protect themselves from cyanide in this form. This may be true, but chemically the cyanide will adsorb onto a cell membrane increasing the electron donor or antioxidant capacity of the cell. This will allow the cells pH to rise rapidly to a point of cancer cell death especially in the presence of an electron donor such as vitamin C. This is why historically vitamin C and laetrile have such good reputations in managing cancer.

Intravenous Infusions

Vitamin C is administered intravenously in high doses, 50g to 100g/day. It is a potent, effective and safe detoxifying agent. It is especially effective in removing heavy metals from the body such as mercury and palladium. It does this by simulating the body's own detoxification system of oxidation/reduction. When intravenous vitamin C is given, mixed with 600mg glutathione the heavy metals are bound to the glutathione and dumped in the

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stool. The glutathione is recycled by vitamin C to bind more toxins instead of being degraded as normally happens. A virtuous detoxification circle if ever there was one.

We begin with intravenous vitamin C daily for one week but we have programs in urgent cases for 30 and 100 days if need be. Nothing comes close to the beneficial effects of intravenous vitamin C. We cannot sing its praises too highly. It re-hydrates the body, destroys viruses, bacteria and fungal infestations, and removes toxins from body stores. It is safe if properly applied. We have used it over 6000 times with no ill effects. The bugbear of all intensive detoxification therapies is the so-called 'Healing Crisis'. A 'Healing Crisis' is when the patient is affected by the sudden

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and massive release of toxins. Intravenous vitamin C will prevent any such 'Healing Crisis' because it is so effective in neutralizing and eliminating toxins.

To add oxygen to the body we use intravenous vitamin C and a Leva Quell Water Levitator. This is a German device that spins water while oxygen is forced through it. This has a claimed detoxifying and oxygenating effect. In practice it works well and we would not be without it. I experimented on my 81 year old father (what else are relatives for?) and it raised his blood oxygen 2 points in 2 days.

Dental Toxins

If a patient is strong enough, we suggest that all dental metals are removed from the mouth and replaced with an non-oestrogen releasing substitute at the very beginning. Consider removing toxic root fillings and cleaning out bone infections after the fillings have gone. Bone infections or cavitations can be detected using an ultrasound device called a Cavitat. Cavitations are full of anaerobic bacteria and only surgical intervention will deal with them properly. There are 2 Cavitats in the country, one with us, and the other on the south coast. If the patient is too weak to consider any dental treatment when we see him, we would wait until the patient has regained strength and vitality before embarking on extensive dental intervention. If within 18 months – 2 years at most – the hoped for result is not reached, then the wrong strategy is being used.

Ever mindful of the 1938 Cancer Act we make no claims. We cure nothing. All we do is help eliminate the toxins to allow the body to obtain the tools it needs to heal itself.

Whichever therapy you decide to use to treat any condition, the therapy will work quicker and more effectively if the patient is safely and successfully detoxified first.

Recommended reading


Goodman S. *Nutrition and Cancer: State-of-the-Art*. Health Research Ltd. 2003.
Griffin E. *World Without Cancer*. American Media. Revised 1997.
Pauling L and Cameron E, *Cancer and Vitamin C*. Linus Pauling Institute of Science and Medicine. 1979.

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www.B-17-Europe.com is a supply source of goods and information. www.ALTACORP.com; www.cavitat.com; www.munrohalleclinic.com

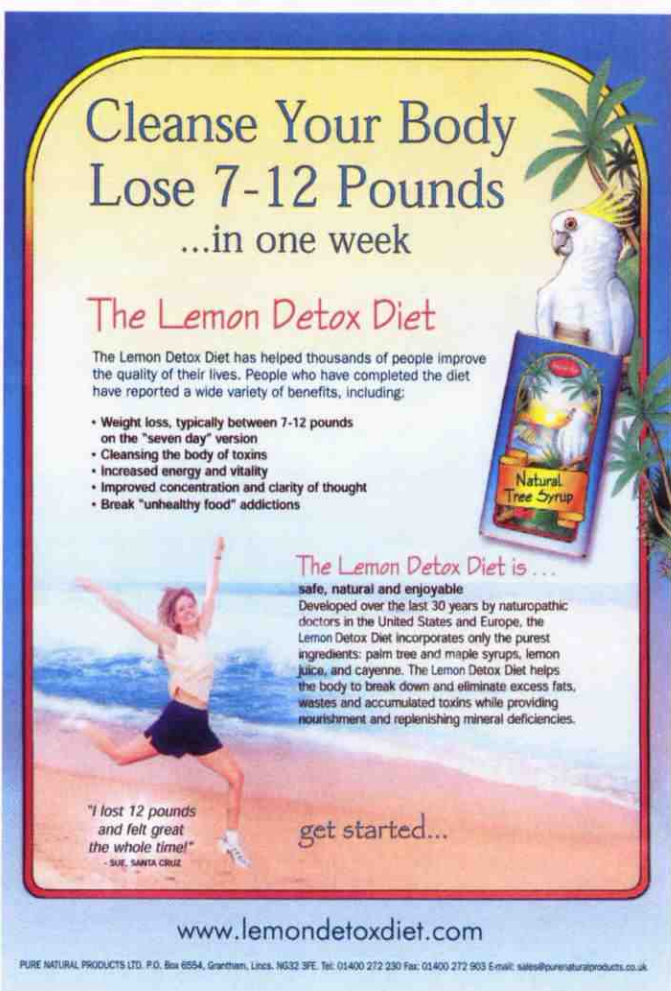


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The Lemon Detox Diet has helped thousands of people improve the quality of their lives. People who have completed the diet have reported a wide variety of benefits, including:

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- Cleansing the body of toxins
- Increased energy and vitality
- Improved concentration and clarity of thought
- Break "unhealthy food" addictions

The Lemon Detox Diet is ...
safe, natural and enjoyable

Developed over the last 30 years by naturopathic doctors in the United States and Europe, the Lemon Detox Diet incorporates only the purest ingredients: palm tree and maple syrups, lemon juice, and cayenne. The Lemon Detox Diet helps the body to break down and eliminate excess fats, wastes and accumulated toxins while providing nourishment and replenishing mineral deficiencies.

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- SUE, SANTA CRUZ

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