Chelation, Heavy Metals, Heart Disease, and Health: An Oral Detoxification Program That Is Now Essential for Optimal Health and Longevity: Part Two

by Garry Gordon, MD (H)

[Editor's Note: Part One of this article appeared in our June 2007 issue. Part Two appears in its entirety on our website: www.townsendletter.com.]

Synopsis
by David Jay Brown

This second installment of a two-part article by Dr. Garry Gordon summarizes his thirty-five years of experience with various forms of Chelation therapy and the uniquely effective and highly successful Oral Detoxification Program (ODP), which he researched and developed. In Part One, Dr. Gordon covered the historical background of Chelation therapy and the numerous dangers associated with living in a world where everyone is routinely exposed to biologically destructive heavy metals, such as lead and mercury, as well as other health-compromising toxins. Dr. Gordon built a strong case for the importance of understanding the dangers of environmental toxins and for the necessity of putting a universally applied heavy metal detoxification program into action. He also discussed the ODP, which he developed with his colleagues, as well as the role of pro-oxidative therapies and the types of resources available to help people with detoxification.

In Part Two, Dr. Gordon continues his comprehensive article by explaining the ODP in greater detail, summarizing the research that demonstrates its safety and efficacy, as well as the need for—and many benefits of—proper nutritional support. Part Two covers the importance of nutritional supplements and of different chelating agents, such as EDTA, Malic acid, DMSA, rutosid, garlic, rice bran fiber, and a stabilized form of vitamin C, emphasizing that no single chelator meets all the requirements necessary to remove the various heavy metals from the body under the range of different biochemical conditions that occur within it. Dr. Gordon also discusses the blood clot-reducing, heparin-like activity produced when EDTA is properly combined with the correct form of mucopolysaccaride, and how this can increase blood viscosity and improve cardiovascular health.

Some of the pathological results of heavy metal toxicity are also discussed here, illuminating the complex relationship between heavy metals, pathogen levels, genetic vulnerabilities, and autism. Dr. Gordon also looks at the role of methylation cycle mutations in autism and the importance of using RNA-based therapies to help the body overcome its genetic vulnerabilities and lower its pathogen burden. He builds a strong case for the important role of properly designed nutritional products in treating autism, as well as...
Oral Detoxification Program

as in treating other pathologies involving the accumulation of heavy metals, and he summarizes his own research in developing unusually effective oral Chelation and nutritional support formulas that rival the efficacy of many pharmaceutical drugs, without the often-serious side effects. In the final section of this article, Dr. Gordon offers a valuable set of useful facts about environmental toxins and detoxification therapies that clearly and succinctly summarize the most important points in his two-part article and strengthens his argument for long-term personalized detoxification.

The primary purpose of this article is to alert the medical community to the vital importance of administering a broad-spectrum, detoxification program — using multiple chelating agents that work synergistically together, as well as with supplemental nutrients — and to stimulate a broader interest in metal-binding in medicine and bio-inorganic chemistry. This article clears up many of the common misconceptions about the different types of Chelation therapy and is meant to serve as a springboard for directing interest in these vitally important topics to Dr. Gordon’s encyclopedic website — www.gordonresearch.com — where a treasure trove of scientific studies, fascinating anecdotes, and other valuable, difficult-to-locate, medical information resides.

This article merely contains the highlights of a much larger and far more extensive body of work that is continually growing and evolving. Part of the strength of Dr. Gordon’s approach to medicine, in general, derives from the fact that he is continually interacting with hundreds of other physicians and researchers around the world who are also on the cutting-edge of medicine. He is always learning and exploring new possibilities. Dr. Gordon also eagerly invites others to challenge his findings and his point of view, which allows him to continually improve and refine his formulas and protocol.

The material in this article is being further developed in a book that Dr. Gordon is currently coauthoring about Chelation therapy and the detoxification of heavy metals with science and health writer David Jay Brown (author of Mavericks of Medicine). The book will summarize the most important Chelation therapy research and presents the most effective detoxification protocols, so that physicians and their patients can have easy access to this valuable information. The book, which aims to be the definitive work on using Chelation therapy for detoxification, includes sections on the common dangers of environmental toxins and heavy metals, as well as how to improve cardiovascular health, circulation, brain function, and cognitive performance using Chelation therapy and nutritional supplementation. The working title for the book, which will be available in the fall of 2007, is Ultimate Detoxification: EDTA Chelation Therapy and Beyond.

Please visit www.townsendletter.com to read Part Two of Dr. Gordon’s article and also visit www.gordonresearch.com/townsend to review the extensive documentation Dr. Gordon has accumulated from his over-35 years of Chelation research. There, you can download articles and hundreds of references about Environmental Toxicity and Chelation therapy. These support his belief that everyone on earth today needs and deserves continuous lifetime, affordable, safe, nutritionally based detoxification.
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