these chemicals affect sperm itself. Researchers at the same European
human reproduction conference in
Vienna say these pseudo-estrogens—
found in foods and industrial products—
can speed sperm burnout and
prevent their ability to fertilize.
(HealthWorld Online)
• Air quality affects sperm quality, report
researchers who reviewed more than
14,000 sperm samples from Los Angeles
and Northern California. More ozone
(smog) means reduced sperm count as
well as sperm motility, or ability to
swim, according to findings this April at
the University of Southern California’s
Keck School of Medicine. Inhaled ozone
may trigger an inflammatory reaction,
which in turn harms sperm. (Reuters,
April 19, 2002)

For more on how chemicals affect male reproductive health,
see “Xenoestrogen Pollution” by Stephanie Tremciansky, ND,
on page 30.