Horrors of Milk ...

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Interest reports that 38% of milk samples in 10 cities were contaminated with sulfa drugs and antibiotics.

There is also a direct link between milk consumption and prostate cancer among African Americans, Dr. Rangwani states. The latter have the highest incidence of prostate cancer in the world. A study published in Cancer (the journal of the American Cancer Society) has shown that men who reported drinking three or more glasses of whole milk daily had a higher risk for prostate cancer than men who reported never drinking whole milk.

Dr. Rangwani concludes his report by stating that the dairy lobby continues to have the backing of most medical practitioners to promote their “drink milk” propaganda. All of the 1,500 studies listed in the publication Medicine deal with the pus, blood, antibiotics and carcinogens in milk while not one points to its “goodness.”

Mothers, totally convinced of the “goodness” of milk, and imbued with the propaganda that their kids need milk, are at a loss on how to replace milk in the children’s diet. Meantime new propaganda has turned them on to soy milk! Soy products have been heavily promoted by industry and the stories being publicized are also full of half-truths and lies. Soy products contain a substance that blocks absorption of other nutrients from the gut — thus making other foods useless and promoting nutrient deficiencies! It does not prevent cancer; on the contrary. So, what to do? Of course we suggest the best possible product namely juice made from organic carrots, apples, etc. Avoid dry cereals for the kids and give them freshly cooked oatmeal with a fruit sauce — like custard with a delicious topping. At any rate, avoid cow’s milk as well as soy milk for your children’s sake.

Quotes from Ralph Moss on Chemotherapy

“Chemotherapy: A Dull Weapon”

A devastating blow has been dealt to the cancer establishment’s “war on cancer” by the release of Questioning Chemotherapy by the legendary cancer researcher Ralph W. Moss, Ph.D.

The astounding conclusion one must reach after reading Moss’s remarkable book is that chemotherapy, one of the most widely used approaches in the treatment of cancer, is simply ineffective in the vast majority of human cancers.

What may be even more frightening is that the research Moss has uncovered not only demonstrates that chemotherapy is all too often ineffective, but it is often extraordinarily dangerous both short and long term.

This important book, which exposes the nearly abject failure of chemotherapy, has come at the worst possible time for the beleaguered cancer establishment that was reeling from the resignation of Dr. Samuel Broder, the director of National Cancer Institute[s] (NCI) and Dr. Bruce Chabner, NCI’s director of cancer treatment.

Increasingly we see our friends and family members dying of cancer after devastating illness often unaffected by treatments feared more than the disease itself. Though failure is always hard to admit, after decades with little success, it may be time to declare that chemotherapy is nothing more than a dull weapon — almost useless in the war on cancer.


“Richards, for example, admits that in the major forms of cancer (lung, bowel, stomach, pancreas, cervix, etc.) even palliation occurs only for brief duration in about 5 to 10 percent of the cases.” Yet he urges the use of drugs for such patients as well. His reason is revealing:

“Nevertheless, chemotherapy serves an extremely valuable role in keeping patients oriented toward proper medical therapy, and prevents the feeling of being abandoned by the physician in patients with late and hopeless cancers. Judicious employment and screening of potentially useful drugs may also prevent the spread of cancer quackery. ... Properly based chemotherapy can serve a useful purpose in preventing improper orientation [alternative therapies] of the patient.”

Ralph Moss continues: “In Richards’ view (and he is not alone), it is worthwhile to risk putting the patients through possible nausea, vomiting, dizziness, hair loss, mouth sores and even premature death simply in order to keep them ‘oriented toward proper medical therapy’ and away from ‘cancer quackery.’”

It is devastatingly clear that even the practitioners of highly toxic chemotherapy do not believe in its effectiveness for most purposes except to fulfill the patient’s desperation to “do something.”

In the preface [p.5] of Dr. Moss’s book, he quotes NCI oncologist Robert E. Wittes, M.D.’s Manual of Oncologic Therapeutics (1991) as follows: “One may hope that in another 10 or 15 years medical progress will make this edition of the Manual of Oncologic Therapeutics read like an archaic document for the Middle Ages.”

We regard it that way now!