Dear Friend:

MEETING: Sunday, November 9, 2003 (1:00pm) is the date for a meeting of our members, to be held at 56 Dinshah Lane (long front building, meeting room at the far end), Malaga NJ, for electing a Trustee in accordance with our bylaw 2-D, and other relevant matters. Suggestions regarding a prospective Trustee are invited in conformance with bylaw 2-I. This informal meeting will be open to the public, with time for questions and answers. With thousands of members, we regret we are no longer able to have individual personal visits but would be glad to meet you here and discuss whatever is on your mind regarding Spectro-Chrome. For demonstration and discussion, a full-sized replica of Dr. Babbitt’s Chromolume will be presented. On permanent display: a Graduate and several other Spectro-Chrome projectors, Itosimeter, Sympathometer, Irradiator, neodymium and fluorescent lamps as well as a SoLux lamp for spectroscopic demonstration of balanced and unbalanced Light frequencies, etc.

FREQUENCIES: In a quote from the New England Journal of Medicine (8/19/99), the Website rense.com/health3/rife-h.htm tells of a "scientific breakthrough": a 96% cure rate for hepatitis C in at least as three weeks, in Russia. A team in the US was trying to replicate Russian results. And what was this miracle cure? While not all details are available, the main part of the treatment is an intravenous drip of standard saline solution which has been charged with a certain Rife frequency, attenuated in the manner of Homeopathy. The Website says, "Working with 'frequencies' may turn out to be the medicine of the new millennium" and ends with, "Once the Georgia (USA) clinic has run through a few thousand patients and published their results, we may have a medical revolution on our hands". Four years have passed and there is no further information, no revolution, not even an uprising. So, we will continue to use our color medicine of the "old millennium" with our version of charged water. Trying a Homeopathic dilution had occurred to me but have not yet found how to execute the impact procedure.

SURPRISE?: From the Fall 2003 issue of Complementary and Alternative Medicine we learn that smokers taking beta-carotene supplements were at a higher risk of developing lung cancer. Vitamins A, C, E, multivitamins with folic acid, etc. are still not known whether they are effective or not in preventing heart disease or cancer, according to that study. One point which was not mentioned was whether the investigation was conducted with REAL vitamins or those from a chemist’s test tube: there is a difference. Further, using isolated vitamins rather than the foods containing them also could change the results because undoubtedly there are trace nutrient constituents which are unidentified as yet in the edibles. Take things with a grain of salt, except this Newsletter.

XYLITOL: Excerpted from Alternatives (11/2000) and Nexus (Jan/Feb 2003): Xylitol has been around for more than 100 years but few have heard of it. It is an extract of birch bark, and now from a few other trees. Obtaining and processing makes for a high price compared to cane/beet sugar. One of its properties is that, while quite sweet, it does not require insulin for metabolism. Typical sugars are six-carbon and acid forming (US consumption, well over 100 pounds per person annually), xylitol is five-carbon and alkaline enhancing which can inhibit bacteria and fungi growth. A solution of water and xylitol used as a nasal spray is said to relieve most allergies and mild asthma. This allays asthma but does not end the problem. If the person's constitution has the ability, Spectro-Chrome can cause a permanent change in conditions rather than only alleviate them.

HELP: In phone conversations we hear of many conditions helped with S-C. We really could use written statements with at least some details for publication. Of course, names would not be printed.

LATER: Many of our members have heeded our recommendation to pay for two or three years membership in advance. In previous years, we mailed them the following year’s Forecast with the October Newsletter. Not so this year: it will be sent with the December issue to lessen the likelihood of misplacing it or forgetting that it was received.

CHOICE: It is of course each person’s responsibility how to proceed in a case, whether the advice of a professional health practitioner/alternative therapist is sought and/or followed.

<---Margin/3-hole punch

Sincerely

Dinshah Health Society

Darius

Darius Dinshah, S-C N., Pres.

Quote: A bore is one who persists in holding his/her own views after we have enlightened him/her with ours. Future Newsletters: Reports, Second Opinion, synesthesia, Biotrion.