

Ella Augenti's Amazing Story

by Charlotte Gerson

Ella is now 88 years old, was born in Switzerland in 1916. It is almost incredible; but Ella suffered from all the above ailments.

In 1928 when she was only 12 years old, her mother was diagnosed with Tuberculosis. She found Dr. Gerson in New York, did the Gerson Therapy, recovered, and lived 12 years in good health. Due to an auto accident, she had very severe injuries, bleeding and shortly thereafter died.

In 1954 Ella found herself in an extremely stressful marriage at age 30, she developed Grave's Disease (Exophthalmic goiter) She returned to Dr. Gerson in New York, followed his advice, "and I got well quickly while dieting with my mother". The disease never recurred.

"Later I got hypoglycemia and didn't know where you were, so I went to doctors who put me on a protein diet. I didn't get anything but dizzy – so I quit. By the greatest good luck, my niece had gotten a health food store and had received notice that you were going to lecture in Asbury Park (New Jersey). I was so thankful to find you; went back on the [Gerson] diet and got

rid of that problem."

It was at age 71 that Ella noted rectal bleeding. Since she seriously distrusted doctors, and she assumed that it was hemorrhoidal bleeding, she did not go for a medical diagnosis. Finally, with some problems of elimination, she did consult a doctor who found "a very large tumor". (She has a picture; at that time no biopsy was done.) She refused orthodox treatments and went to Mexico for the Gerson Therapy (at the end of 1986). "I found you and then knew where you were in Mexico, doing the biggest job of all. I knew where to go when I got cancer." She got a good response. After some time, she found it very cumbersome to pick up and carry her distilled water home. Instead, she opted for home delivery of her water. At that time, she worsened. She only discovered later that the 'delivered' water was not distilled. In 1987, since her tumor was growing, she had to have it removed. It was biopsied, and found to be adenocarcinoma. At about the same time, Ella was diagnosed with glaucoma. With the Gerson Therapy, she completely cleared the cancer as well as the glaucoma. She feels that the niacin, especially,

helped to open the ducts in her eyes to reduce the pressure. She needs no medication and has no further problems, no recurrence of her colon cancer.

Last year, she slipped and fell on the ice, had a severe blow on the back of her head that caused a concussion. She landed in the hospital for 4 days but couldn't wait to get home to do the proper Gerson Therapy. Shortly, her doctors were amazed at her excellent recovery—at age 83. At that time, Ella had no more headaches or any other problems due to the fall.

"I feel just fine, and when people talk to me on the phone, they can't believe I am 84; because, they say, my voice sounds so energetic."

Her only problem in 2001 was a somewhat elevated blood pressure. When I talked to her in August of 2004, she had just moved, had family problems and had been off the Therapy for some time. She was recently diagnosed with Alzheimer's Disease. However, this problem, too, can be overcome and cleared with the Gerson Therapy. She promised to go back to it now that her move is over and she can settle down again.

Ella has given us permission to share her contact information. Please contact the Gerson Institute if you would like to contact her. 

At the End of the Year Keep the Institute in Your Plans

by Howard Straus

As the end of the year rapidly approaches, now is the time to think seriously about reducing your tax burden by a donation to the Gerson Institute before New Year's.

This past year has been one of incredible challenges, and also phenomenal progress. With the able staff assembled by Anita Wilson, the Institute's Executive

Director, and a supportive and active Board of Directors that again includes Institute Founder Charlotte Gerson, we have met the challenges that have been presented, and used them as opportunities for growth worldwide.

The favorable notice given to the Gerson Therapy by Prince Charles in June of this year (see "A Royal Mention," *Gerson Healing Newsletter*, Vol. 19, No. 5, Sep./Oct. 2004) set our telephones ringing off the hook. The impending clinic near Budapest, Hungary has opened a European front, with more opportunities, and our Mexican clinic, Baja Nutri Care, is full.

Incidentally, our documentary *The Gerson Miracle* has drawn so much attention to the Norwalk juicer that the Norwalk Company has had to increase production and is still backlogged!

After a scurrilous piece on Gerson run by the BBC, many people protested so vigorously that the BBC has allocated a half hour for a broadcast response to be made by Beata Bishop (20 years past her "terminal" melanoma, and author of *A Time to Heal*) and Prof. Michael Gearin-Tosh (ten years after his diagnosis with "terminal" multiple myeloma, and author of *Living*

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