

Functional and Molecular Characterization for the Damp-Obstructed Rat Model in Chinese Medicine

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Abstract: Functional and molecular characterization was performed on the major organs of damp-obstructed rats by applying expression datasets of microarray experiments and real-time RT-PCR. Gene ontology repertoires, i.e. cellular component, molecular function, and biological process were used to classify differentially expressed genes in the major organs of rats upon treatment of dampness. As to the cellular component, over-expression of genes associated with the plasma membrane was observed in the stomach, spleen, kidney, heart, liver, and lung. Genes associated with translational machinery, endoplasmic reticulum membrane, Golgi apparatus, and nuclear envelope were down-regulated in the stomach. Concerning the molecular function, genes associated with oxidoreductase activity were up-regulated in the stomach, spleen, kidney, lung, and brain. Channel activity, membrane receptor, and electron transporter activity were up-regulated in stomach, kidney, and lung. Regarding the biological process, genes associated with signal transduction were up-regulated in the stomach, while genes associated with biosynthesis and ATP metabolism were down-regulated. In the spleen, melanin biosynthesis was up-regulated while hormone-related activities were down-regulated. In the kidney, genes associated with nucleotide biosynthesis and ATP metabolism were depressed. In the heart and liver, apoptosis was up-regulated while immune response and RAS signal transduction were down-regulated. Interestingly, genes associated with oncogenesis were up-regulated in the stomach and kidney. Functional fingerprints indicated that dampness weakened membrane structures, depressed metabolic activity (especially ATP metabolism), damaged matrix proteins, enhanced signal transduction, and revealed a positive association with oncogenesis. To quantify the functional impact at the molecular level, mRNA levels of key genes were determined by real-time RT-PCR. The results indicated that ATP storage in kidney, spleen, and stomach was depleted in damp-obstructed rats. We propose that oxidative stress, membrane integrity, melanin biosynthesis, ion channel activity, and ATP metabolism might

be hallmarks for damp-obstructed rats. Our results also suggested dampness as a pathogenic factor in rats which is possibly associated with enhanced liabilities of cancer.

Keywords: Damp Obstruction; Gene Ontology; Real-Time RT-PCR; Functional Categories.

Introduction

Damp obstruction refers to the stagnation of vital energy (qi) caused by dampness resulting in dysfunctional body and limb movement, as well as the impairment of spleen and stomach digestive function (Li and Yen, 2000). Dampness (humidity) is one of the major pathogenic factors on the human body as defined by Chinese medicine. Dampness is characterized by fluidity, latency, universality, and persistence. Dampness is sticky, retards flow of qi, and consequently causes dysregulation of the “middle-energizer” (Huang *et al.*, 2000). In Chinese medicine, the general term for this humidity-induced syndrome is “damp obstruction” as described in the *Yellow Emperor Classic of Internal Medicine* (Huang *Di Nei Jing*). In general, damp obstruction is defined as a moisture-caused imbalance of organs. Because the spleen and stomach belong to “tu” (earth) among the five elements, they are the first organs affected. Damp obstruction presents a clear case for the flow of vital energy and obstruction/subjugation of the five elements; therefore, it is hereby singled out as an ideal system to approach with modern molecular biology.

We have previously performed microarray analyses on the damp-obstructed rat model (Huang and Hong, 2005). Microarray simultaneously presents the expression of tens of thousands of genes on a genomic scale (Schena *et al.*, 1995; Alizadeh *et al.*, 2000). Differentially expressed genes and expression profiles specific to damp-obstructed organs can be obtained. However, statistical treatment that acquires functional and molecular themes for dampness is yet to be explored.

The current study is based on the functional clustering analyzing program EASE, developed for data mining microarray informatics (Hawse *et al.*, 2003; Hosack *et al.*, 2003). Gene ontology annotation information derived from LocusLink database was applied, sorted, and calculated with the EASE program. Statistical significance will be discussed.

Methods

Damp-Obstructed Rat Model

Damp-obstructed rats were established based on previous reports with minor modification (Huang *et al.*, 2000; Kuo and Yan, 1988; Lu, 1995; Lu and Ma, 1994). Male Sprague-Dawley rats, weighing 150–200 g, were obtained from the National Science Council Animal Center. All procedures were performed according to the Institutional Guidelines for the Care and Use of Laboratory Animals. The rats were randomly housed in groups of two per wire-mesh cage (39 × 26 × 21 cm) for at least 1 week. Animals were divided into two groups: damp-obstructed group and control group. Each group contained six rats.

For control group, rats were placed in a controlled environment of $23 \pm 1^\circ\text{C}$ and 50% relative humidity with free access to standard food in pellets (supplied and designed by Fusow Industry Co. Ltd., Taiwan) and tap water, on a 12-hour light/dark cycle. For damp-obstructed group, rats were placed in a controlled environment of $31 \pm 1^\circ\text{C}$ and $94 \pm 5\%$ relative humidity with free access to standard food in pellets and tap water, on a 12-hour light/dark cycle. In addition to normal chow, damp-obstructed rats were given 18 ml 20% bee honey and 5 g lard daily. The control group was handled with the identical procedure but received the same volume of normal saline instead.

Serum Biochemical Assays

Animals were fasted for 8 hours prior to blood sampling. Anesthetization was performed by intraperitoneal injection of pentobarbital (45 mg/kg, ip). Five hundred microliters of blood were drawn from the tail vein of each animal. Serum in plain vial was separated at 4°C in a cooling centrifuge for 15 minutes at $2000\times g$. Serum glutamate pyruvate transaminase activity (GPT), glutamate oxaloacetate transaminase activity (GOT), low-density lipoproteins (LDL), high-density lipoproteins (HDL), total cholesterol, triglyceride (TG), alkaline phosphatase activity (ALP), lactate dehydrogenase activity (LDH), serum creatine (CREA), serum creatine phosphokinase activity (CPK), and blood urea nitrogen (BUN) were determined using Roche COBAS MIRA automatic assay machine using standard reagents purchased from Roche Co.

Real-Time Reverse Transcription Polymerase Chain Reaction (RT²PCR)

Total RNA was extracted using the protocol supplied with the TRI-reagent (Molecular Research Center, Inc., USA). Quality of RNA was examined by agarose gel electrophoresis and also by OD 260/280 ratio (greater than 2.0). Total cellular RNA (2.5 μg per 20 μl reaction) was reverse transcribed using polydT(15) and Superscript RT II (Invitrogen, USA) according to the manufacturer specified conditions. A control without reverse transcriptase was also generated for each RNA sample.

Real-time PCR analysis was performed using iQTM SYBR green supermix (Bio-Rad) according to manufacturer's instructions with the specific primers for selected genes and primers for 18L ribosomal RNA as reference RNA. Cycle time (Ct) was measured using the iCyclerTM and its associated software (Bio-Rad) (Morrison *et al.*, 1998). Relative transcript quantities were calculated by the $\Delta\Delta\text{Ct}$ method using 18L ribosomal RNA as a reference amplified from samples. Normalized samples were then expressed relative to the average ΔCt value for untreated controls to obtain relative fold-change in expression levels. Fold change in mRNA expression was expressed as $2^{\Delta\Delta\text{Ct}}$. ΔCt is the difference in threshold cycles for the sample mRNAs and 18L rRNA. $\Delta\Delta\text{Ct}$ is the difference between ΔCt control and ΔCt damp-obstructed sample. Values for fold-induction varied less than 5% among replicates.

One-factor ANOVA was used to analyze differences in mRNA levels as detected by real-time PCR between the treatment and the control groups.

Gene Ontology and EASE

Differentially expressed genes were obtained from previous microarray datasets (Huang and Hong, 2005). Genes with expression folds beyond standard deviation were considered up- or down-regulated. The LocusLink identifiers associated with genes on the microarray were updated using database provided by SWISS-PROT. A total of 8262 genes out of 9600 genes on the microarray were associated with a unique LocusLink number and served as the basis for further statistical analysis. Lists of identifiers containing differentially expressed genes were generated. For damp-obstructed stomach, the list contains 734 up-regulated and 760 down-regulated genes. For damp-obstructed spleen, the list contains 1099 up-regulated and 1106 down-regulated genes. For damp-obstructed kidney, the list contains 717 up-regulated and 777 down-regulated genes. For damp-obstructed heart, the list contains 845 up-regulated and 920 down-regulated genes. For damp-obstructed liver, the list contains 601 up-regulated and 428 down-regulated genes. For damp-obstructed lung, the list contains 690 up-regulated and 751 down-regulated genes. For damp-obstructed brain, the list contains 641 up-regulated and 456 down-regulated genes.

The EASE program was downloaded from DAVID web page (Database for Annotation, Visualization, and Integrated Discovery, <http://apps1.niaid.nih.gov/david/upload.asp>). Functional principles, i.e. cellular component, molecular function, and biological function are provided from LocusLink database and incorporated into the EASE program. The EASE program counts listed hits, compares the expected hits in each functional category, and calculates Fisher exact probabilities (Hawse *et al.*, 2003; Hosack *et al.*, 2003). The Fisher exact probability for over-representation was calculated using Gaussian hypergeometric probability distribution that describes sampling without replacement from a finite population consisting of two types of elements. The EASE score, the upper bound of Jackknife Fisher exact probabilities, was obtained to rank categories significantly up- or down-regulated among all populations. The EASE score is a conservative adjustment of the Fisher exact probability that strongly penalizes categories supported by few genes and negligibly penalizes categories supported by many genes.

Results*Classification of Functional Gene Clusters Differentially Expressed in Damp-Obstructed Rats*

The three organizing principles of gene ontology are molecular function, biological process, and cellular component. A gene product might be clustered to one or more molecular functions and to one or more biological processes; it might be associated with one or more cellular components.

Dampness could be better characterized by clusters of functionally related genes differentially expressed between damp-obstructed and control rats. The number of genes corresponding to each category among the differentially expressed genes was counted and compared with the number of genes expected for each category. Significant differences were represented as the EASE scores; the upper bound of the distribution of Jackknife

Fisher exact, were calculated. A false discovery rate was also calculated based upon the number of categories having at least one gene in the list of differentially expressed genes (Cleveland, 1979). All functional categories with an EASE score of less than 0.05 and their number of corresponding genes were identified in our differentially expressed gene lists. The functional categories demonstrating significant variations among differentially expressed genes appear as various subsets for different organs (Tables 1 to 3).

Table 1. Functional Categories of Cellular Components Differentially Expressed in Damp-Obstructed Rats

Organ	Up-Regulation	Down-Regulation	
Stomach		Endomembrane system	
		Eukaryotic 48S initiation complex	
		Intracellular components	
		Cytoplasm	
		Eukaryotic 43S pre-initiation complex	
		Endoplasmic reticulum	
		Small ribosomal subunit	
		Endoplasmic reticulum membrane	
		Nuclear envelope-endoplasmic reticulum network	
		Eukaryotic translation initiation factor 4 complex	
		Collagen	
		Proton-transporting two-sector ATPase complex	
		Ribonucleoprotein complex	
		Golgi membrane	
		Basement membrane	
Golgi apparatus			
Mitochondrial electron transport chain			
Hydrogen-translocating F-type ATPase complex			
Proton-transporting ATP synthase complex			
Sodium/potassium-exchanging ATPase complex			
Spleen	Spliceosome complex Mediator complex Plasma membrane	Plasma membrane	
		Kidney	Polysome
			Proton-transporting two-sector ATPase complex
Heart	Integral to plasma membrane Plasma membrane Integral to membrane Actin cytoskeleton Membrane	Cell-matrix junction	
		Lung	Intracellular components
			Nuclear membrane
			Cytoskeleton
Brain	Integral to plasma membrane Plasma membrane Cell fraction Integral to membrane Membrane fraction Extracellular Extracellular space	Chloroplast	
		Pore complex	
		Nuclear pore	
		Cytoplasm	
		Actin cytoskeleton	
Nucleus			
Brain	Extracellular Extracellular space	Cell	
		Cell cortex	

Table 2. Functional Categories of Molecular Functions Differentially Expressed in Damp-Obstructed Rats

Organ	Up-Regulation	Down-Regulation
Stomach	Oxidoreductase activities* Protease inhibitor activities Kinase activity Copper ion binding Phosphotransferase activity, alcohol group as acceptor electron transporter activity	RNA binding
		Electron transporter activity
		Hydrogen ion transporter activity
		Monovalent inorganic cation transporter activity
		Ubiquinol-cytochrome-c reductase activity
		Oxidoreductase activities*
		Extracellular matrix structural constituent
		Benzodiazepine receptor activity
		Peptidyl-prolyl cis-trans isomerase activity
		Histone deacetylase activity
Spleen	Oxidoreductase activities	Deacetylase activity
		Cis-trans isomerase activity
		Oxidoreductase activities
		Monoxygenase activity
		RNA polymerase II transcription factor activity, enhancer binding
		Heme-copper terminal oxidase activity
		Cytochrome-c oxidase activity
		Oxidoreductase activities
		Transporter activity
		Protein binding
Kidney	Actin bundling activity 3',5'-cyclic-nucleotide phosphodiesterase activity Excitatory extracellular ligand-gated ion channel activity Electron transporter activity Protein transporter activity	Cell adhesion molecule activity
		Receptor signaling complex scaffold activity
		Hematopoietin/interferon-class (D200-domain) cytokine receptor activity
		Transferase activity, transferring sulfur-containing groups
		ATP-dependent helicase activity
		MHC class II receptor activity
		Glucosyltransferase activity
		Helicase activity
		Solute:cation symporter activity
		Sulfotransferase activity
Heart	Solute:sodium symporter activity	Nucleic acid binding
		DNA binding
		RNA binding
		Single-stranded DNA binding
		DNA helicase activity
		Single-stranded RNA binding
		Sodium channel activity
		Class II major histocompatibility complex antigen mRNA binding

Table 2. (Continued)

Organ	Up-Regulation	Down-Regulation
Liver	Enzyme binding	Protein binding Monocarboxylic acid transporter activity Transferase activity, transferring acyl groups Transcriptional repressor activity Protein self-binding
Lung	Potassium channel activity Glutamate-gated ion channel activity Inotropic glutamate receptor activity Monocarboxylate channel activity Glutamate channel activity Kainate selective glutamate receptor activity Ion channel activity Voltage-gated ion channel activity Alpha-type channel activity Transmembrane receptor activity Channel pore class transporter activity Excitatory extracellular ligand-gated ion channel activity Oxidoreductase activities Cell adhesion molecule activity Transcription factor activity	Cytoskeletal protein binding Actin binding Phosphatidylinositol-4,5-bisphosphate 3-kinase activity MHC class II receptor activity RNA binding Pyrophosphatase activity
Lung	Protein kinase regulator activity Kinase regulator activity Oxidoreductase activities Blood coagulation factor activi	Molecular function unknown Toxin activity C-C chemokine receptor activity C-C chemokine binding

*Oxidoreductase activities in up- and down-regulated categories of stomach contain different subsets of categories.

Table 3. Functional Categories of Biological Processes Differentially Expressed in Damp-Obstructed Rats

Organ	Up-Regulation	Down-Regulation	
Stomach	Cell communication	Energy pathways	
	Phosphorylation	Macromolecule biosynthesis	
	Oncogenesis	Electron transport	
	Cytoskeleton organization and biogenesis	ATP metabolism	
	Response to external stimulus	Acetate biosynthesis	
	Intracellular signaling cascade	Acetate metabolism	
	Protein amino acid phosphorylation	Acetyl-CoA biosynthesis	
	Response to abiotic stimulus	Biosynthesis	
	Cell organization and biogenesis	Ribonucleoside triphosphate metabolism	
	Protein modification	Purine nucleoside triphosphate metabolism	
	Signal transduction	Purine ribonucleoside triphosphate metabolism	
			Main pathways of carbohydrate metabolism
			Protein metabolism
		Vesicle-mediated transport	
Spleen	Tyrosine metabolism		
	Vitamin cofactor transport		
	Enzyme-linked receptor protein signaling pathway	Central nervous system development	
	Response to external stimulus	Hormone biosynthesis	
	Melanin biosynthesis	nucleoside metabolism	
	Melanin biosynthesis from tyrosine	C21-steroid hormone biosynthesis	
	Cell surface receptor-linked signal transduction vision	C21-steroid hormone metabolism	
	Aromatic amino acid family metabolism	Transmembrane receptor protein tyrosine	
	Transmembrane receptor protein tyrosine kinase	Kinase signaling pathway	
	Signaling pathway	Enzyme-linked receptor protein signaling pathway	
		Hormone metabolism	
Kidney		Cell communication	
		Ribonucleoside triphosphate biosynthesis	
		Purine nucleoside triphosphate biosynthesis	
		Purine ribonucleoside triphosphate biosynthesis	
	Regulation of transcription from Pol II promoter	Nucleoside triphosphate biosynthesis	
	Secretory pathway	Purine nucleoside triphosphate metabolism	
	Protein transport	Ribonucleoside triphosphate metabolism	
	Intracellular protein transport	Purine ribonucleoside triphosphate metabolism	
	Electron transport	ATP biosynthesis	
	Oncogenesis	Nucleoside phosphate metabolism	
	Protein complex assembly	Cell adhesion	
Development	Nucleoside triphosphate metabolism		
Transcription from Pol II promoter	Cellular process		
	mRNA cleavage		
	Response to bacteria		
	ATP metabolism		
	Signal transduction		
	Regulation of neurotransmitter levels		

Table 3. (Continued)

Organ	Up-Regulation	Down-Regulation
Heart	Carbohydrate biosynthesis	RAS protein signal transduction
	Carbohydrate metabolism	Antigen processing
	Anion transport	Antigen presentation
	Mitotic anaphase	Physiological process
	Antimicrobial humoral response (sensu Vertebrata)	Response to biotic stimulus
	Antimicrobial humoral response	Antigen presentation, exogenous antigen
	Positive regulation of programmed cell death	Antigen processing, exogenous antigen via MHC class II
	Induction of apoptosis	Non-covalent chromatin modification
	Positive regulation of apoptosis	Chromatin remodeling
	Regulation of programmed cell death	Defense response
	Induction of programmed cell death	Response to stress
	Humoral defense mechanism (sensu Vertebrata)	Response to pest/pathogen/parasite
	Receptor-mediated endocytosis	Embryonic development
		Immune response
	Intracellular signaling cascade	
	Vesicle-mediated transport	
	Complement activation	
	Activation of MAPK	
	Regulation of pH	
	mRNA processing	
Liver		Response to biotic stimulus
		Immune response
		Defense response
	Transcription from Pol II promoter	Response to external stimulus
	Regulation of growth rate	Response to pest/pathogen/parasite
	Positive regulation of growth rate	Response to stress
	Regulation of apoptosis	Innate immune response
	Positive regulation of growth	Inflammatory response
	Intracellular transport	Response to wounding
	Growth	Humoral immune response
	Response to metal ion	Humoral defense mechanism (sensu Vertebrata)
Perception of sound	Circulation	
	Antimicrobial humoral response (sensu Vertebrata)	
	Antimicrobial humoral response	
	Cell motility	

Table 3. (Continued)

Organ	Up-Regulation	Down-Regulation	
Lung	DNA replication S phase of mitotic cell cycle DNA replication and chromosome cycle Potassium ion transport Cellular process Central nervous system development Cell proliferation Cell cycle Pregnancy Transcription from Pol II promoter Response to external stimulus Homeostasis Cell growth and/or maintenance Protein complex assembly Metal ion transport	Actin cytoskeleton organization and biogenesis Actin filament-based process Antigen presentation Antigen processing Regulation of Wnt receptor signaling pathway Regulation of transcription from Pol II promoter Peptidyl-amino acid modification	
	Brain	Response to abiotic stimulus Response to external stimulus Perception of abiotic stimulus Perception of external stimulus Vision Chromosome segregation Perception of light Response to radiation Sensory perception Response to light Taxis Chemotaxis Phosphate metabolism Phosphorus metabolism Aromatic amino acid family catabolism Response to chemical substance	G-protein signaling, coupled to IP3 second Messenger (phospholipase C activating)

Cellular Components

A cellular component is a component of a cell represented by an anatomical structure or a gene product group. Thus, the cellular component might reveal structural information and locations of a pathogenic attack.

In the stomach, over-expressed genes were associated with integral components of plasma membrane or junction proteins, while down-regulated expression was associated with inner membrane systems, i.e. ER, Golgi apparatus, basement membrane, and nuclear pore complex (Table 1). We also noticed that genes associated with transcriptional activity, i.e. ribosomal subunit and transcriptional factors, and transporter proteins were down-regulated. In the spleen, genes associated with plasma membrane were significantly disturbed. In the heart, genes clustered to plasma membrane and cytoskeleton were up-regulated, while cell-matrix and junction proteins were down-regulated. In the lung, genes associated with plasma membrane were up-regulated, while cytoskeleton and nuclear pore proteins were down-regulated. In the brain, only genes associated with extracellular function were up-regulated. Interestingly, cortex function was down-regulated in brain.

In general, plasma membrane was enhanced, while cytoskeletal and nuclear pore proteins were down-regulated.

Molecular Function

Molecular function describes activities of the gene product at the molecular level. The clustering of molecular function might reveal functional alternation in a detailed description.

In the stomach, stimulation and repression of oxidoreductase activities and electron transporter activities were observed. Protease inhibitor activities were enhanced, while deacetylase activities were down-regulated (Table 2). In the spleen, oxidoreductase activities were either enhanced or depressed in different subcategories. In kidney, oxidoreductase activities, transporter activities, and channel activities were up-regulated, while cell adhesion and receptor activities were down-regulated. In the heart, transferase activities and symporter activities were elevated, while nucleotide binding activities, channel activities, and immune response were down-regulated. In the lung, oxidoreductase activities, cell adhesion, channel, and receptor activities were increased, while cytoskeleton and immune response were decreased. In the brain, oxidoreductase activities, kinase, and blood coagulation were enhanced, while chemokine activities were reduced.

Overall expression of oxidoreductase activities was disturbed. Activities associated with membrane, such as electron transporter activity, channel, and receptor, were up- or down-regulated.

Biological Process

A biological process is generally composed of one or more distinct but ordered steps of molecular function. The process usually accomplishes a specific function for the

cell, e.g. cell growth and maintenance, signal transduction, or pyrimidine metabolism. Biological processes assemble molecular functions and point to trends of functional differences for cells.

In the stomach, functions associated with oncogenesis, signal transduction, and cytoskeleton biosynthesis were up-regulated, while functions for biosynthesis and ATP metabolism were down-regulated (Table 3). In the spleen, tyrosine metabolism and related pathways, especially melanin biosynthesis and metabolism, were up-regulated, while signaling pathway and hormone metabolism were depressed. In the kidney, oncogenesis, electron transporter, and protein biosynthesis were enhanced, while ATP-related metabolic pathways and signal transduction were repressed. In the heart, apoptosis, anion transporter, and carbohydrate-related pathways were enhanced, while immune response, stress response, and RAS-associated signal transduction were repressed. In the liver, apoptosis and cell growth were enhanced, while immune response, inflammatory response, stress response, and cell mobility were depressed. In the lung, cell proliferation, cell growth, and potassium transporter were enhanced, while cytoskeleton and immune response were down-regulated. In the brain, cellular response, chemotaxis, and phosphate metabolism were up-regulated, while G-protein signaling pathway was down-regulated.

Overall, oncogenesis, cell response, electron transporter, and cell growth were enhanced, while ATP metabolism, hormone activity, immune response, inflammatory response, and cytoskeleton were depressed.

Quantitative Analysis for Specific Gene Expression

To validate the expression dataset of microarray experiments and further confirm the differential expression of key genes indicated from functional analysis, real-time reverse transcription polymerase chain reaction (RT²PCR) was performed with selected genes (Table 4, Fig. 1) of the kidney, spleen, stomach, lung, heart, and liver of damp-obstructed rats and normal controls (Morrison *et al.*, 1998). Results of RT²PCR were shown as $\Delta\Delta C_t$ which are comparable to the logarithmic fold change of microarray expression data (Table 5). The results indicated that $\Delta\Delta C_t$'s from RT²PCR of damp-obstructed rats versus normal were consistent with expression folds derived from microarray datasets.

Differential expression of *Atp5g1*, *Atp6l*, *Cldn7*, *Grin2d*, *Kif11*, *PPP1R12A*, *Pea15*, *Kcna4*, *Prm2*, *Tk1*, and *Tubb* was disclosed for most damp-obstructed tissues. The differential mRNA levels indicated destructive consequences of dampness on animals.

Discussion

Statistical analysis applying the EASE program to classify differentially expressed genes in each major organ of damp-obstructed rats was performed. Functional clusters were mapped to gene ontology repertoires provided in LocusLink database. Cellular component, molecular function, and biological process were used to classify genes differentially expressed in damp-obstructed rats.

Table 4. Genes Selected for RT2PCR

Symbol	Gene Name	Gene Locus*
Atp5g1	ATP synthase, H+ transporting, mitochondrial F0 complex, subunit c (subunit 9), isoform 1	NM_017311
Atp6l	ATPase, H+ transporting, lysosomal (vacuolar proton pump) 9 kD	NM_130823
Cldn7	Claudin 7	XM_213349
Grin2d	Glutamate receptor, ionotropic, N-methyl D-aspartate 2D	NM_022797
Kif11	Kinesin-like 1	AF035955
PPP1R12A	Myosin phosphatase, target subunit 1	NM_053890
Pea15	Phosphoprotein enriched in astrocytes 15	XM_213942
Kcna4	Potassium voltage-gated channel, shaker-related subfamily, member 4	NM_012971
Prm2	Ribonucleotide reductase M2 polypeptide	XM_216671
Tk1	Thymidine kinase 1, soluble	XM_236470
Tubb	Tubulin, beta polypeptide	XM_214461

*Gene locus indicates mRNA sequence deposited in GenBank.

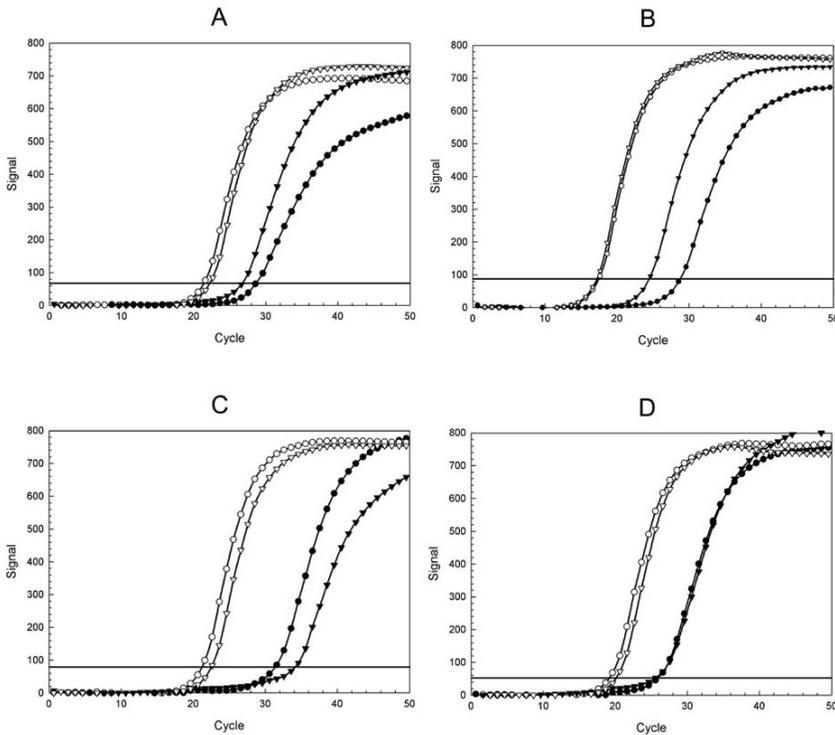


Figure 1. RT-PCR analyses of ATP6l in damp-obstructed rat organs versus control. RT²PCR was performed using primers against ATPase (Atp6l) and 18L rRNA for the kidney, spleen, stomach, and lung from damp-obstructed rats versus normal control. Four typical results shown are kidney (A), spleen (B), stomach (C), and lung (D). Each figure contained real-time measurements for Atp6l in damp-obstructed rat (filled triangle), Atp6l in control (filled circle), 18L in damp-obstructed rat (open triangle), and 18L in control (open circle). Threshold was calculated and was shown as a horizontal line. This dataset shows that Atp6l was up-regulated in kidney, spleen, lung, and down-regulated in stomach. Detailed results are shown in Table 5.

Table 5. Comparison of RT2PCR and Microarray Expression for Selected Genes in Damp-Obstructed Rats versus Normal Rats

Gene Symbol	Kidney		Spleen		Stomach		Lung		Heart		Liver		Brain		SD [‡]
	Δct^*	M [†]	Δct	M	M	M									
Atp5g1	0.2	-0.21	0.26	-1.20	-2.25	-1.38	0.32	0.66	2.44	0.56	1.89	0.08	-0.42	0.80	
Atp6l	2.73	0.79	4.05	0.09	-1.4	-0.02	1.0	-0.59	1.25	1.22	1.48	0.74	2.42	0.98	
Cldn7	2.15	-0.40	2.26	0.67	6.26	-0.17	0.29	2.47	4.4	1.96	-0.59	3.51	-2.16	1.94	
Grin2d	-4.8	1.65	-2.93	-0.91	5.48	1.90	1.67	-0.97	-6.38	0.76	-3.02	0.27	-0.44	1.17	
Kif11	-1.16	-1.26	0.37	-2.59	-5.57	-0.94	-3.64	0.03	-7.49	-0.26	-6.87	0.18	0.52	1.07	
PPP1R12A	-3.16	1.51	1.09	2.94	2.62	0.86	0.36	-0.16	-1.43	-0.65	-1.19	-0.03	-0.16	1.26	
Pea15	0.56	-0.45	3.97	1.94	0.15	0.25	-0.43	-1.38	0.07	-1.28	-2.23	0.82	-0.27	1.18	
Kcna4	-9.51	0.98	-2.1	-1.01	10.05	2.17	1.22	-0.28	-2.33	0.87	-2.92	0.36	0.14	1.02	
Prm2	-6.56	-1.55	-0.75	-1.16	1.21	0.92	-0.02	-0.61	-1.96	1.13	-3.28	2.13	0.17	1.33	
Tk1	-1.19	-1.73	-3.71	-1.68	1.03	0.32	4.6	-0.03	1.08	-0.23	0.86	0.60	-0.29	0.92	
Tubb	-0.89	0.14	0.46	-0.45	0.51	-0.16	0.56	-1.30	-0.05	-0.36	-0.76	-1.35	-0.34	0.57	

^{*} $\Delta\Delta Ct$ is the difference between ΔCt normal control and ΔCt damp-obstructed sample. Fold change in mRNA expression is expressed as $2^{\Delta\Delta Ct}$. ΔCt is the difference in threshold cycles for the sample mRNAs and 18L rRNA. Values for fold-induction varied less than 5% among replicates. The results were derived from the difference of threshold cycle number between normal and damp-obstructed rats after normalization. Standard deviation in the range of 0.3 to 0.5 was obtained but is not shown in this table.

[†]M represents expression ratios of damp-obstructed rats versus normal rats obtained from microarray experiments. The values are logarithmic processed ratios based on 2.

[‡]SD represents overall standard deviations of microarray data

The stomach appeared to be the most severely damaged organ by dampness. Oxidative stress and imbalance of ionic environment directly attacked stomach and caused up-regulation of oxidoreductase activity, electron transport, protease inhibitor activity, and rearrangement of plasma membrane. The ATP metabolic activity was greatly reduced accompanied by the down-regulation of translational apparatus, energy pathways, biosynthesis, membrane structural proteins, and nuclear envelope. It seems the organ is energetically and structurally degenerated in response to dampness.

The lung was also greatly damaged, only slightly less than stomach, probably due to the direct exposure of humidity and heat. The membrane function, nuclear pore, and cytoskeleton were altered. Oxidative stress was high. Many channel and receptor activities were enhanced. Homeostasis was elevated. There seemed to be down-regulation of antigen presentation and processing. The changing of biological processes might indicate a chronic weakening of oxygen-exchanging activity.

The spleen was less affected by oxidative stress despite its displaying up-regulation of plasma membrane. The enhancement of aromatic amino acid metabolism and related melanin activity might be a characteristic indicator of the spleen in response to oxidative stress.

Cellular components of kidney were insignificantly affected by dampness. However, the associated oxidative stress and the requirements for ion transport attacked its internal cellular activity. Most significantly changed was the down-regulation of pathways associated with ATP synthesis and metabolism, which might be the hallmark for the damp-obstructed kidney.

Structural damage to the heart was minor. However, significant elevation of genes associated with apoptosis and down-regulation of immune response indicated that dampness might be a dangerous pathogenic factor that weakens the normal function of the heart. Cell growth and apoptosis were enhanced in liver. Immune response and inflammatory response were also depressed. Cancerous-like growth might be a hallmark for the damp-obstructed liver. The brain also received oxidative stress. Down-regulation of chemokine might be representative for the brain.

RT²PCR validated the differential expression of genes obtained from microarray experiments and further pinpointed several interesting phenomena of damp-obstructed rats.

ATP synthase, H⁺ transporting, mitochondrial F0 complex, subunit c (subunit 9), isoform 1 (Atp5g1) is in charge of the transport of protons across a membrane to generate an electrochemical gradient (proton-motive force) that powers ATP synthesis. ATPase, H⁺ transporting, lysosomal (vacuolar proton pump) 9 kD, on the other hand, depletes ATP storage (Wang and Oster, 1998). The expression levels of these two genes indicated ATP destruction in kidney, spleen, and stomach of damp-obstructed rats. The depletion of ATP in these three organs indicated shortage of energy supply and implies obstruction of qi.

Claudins, including Cldn7, are involved in the formation of tight junctions between epithelial cells. Tight junctions restrict lateral diffusion of lipids and membrane proteins, and thereby physically define the border between the apical and basolateral compartments of epithelial cells (Kominsky *et al.*, 2003). Up-regulation of Cldn7 indicated damage to cell membrane and urgent need for repair.

Glutamate receptors, including Grin2d, are a class of ionotropic glutamate receptors. NMDA channel has been shown to be involved in long-term potentiation, an activity-dependent increase in the efficiency of synaptic transmission thought to underlie certain kinds of memory and learning (New *et al.*, 1998). Up-regulation in the stomach and heart and down-regulation in the other organs indicated disturbance of signal transduction pathways.

Kif11 encodes a motor protein that belongs to the kinesin-like protein family. Members of this protein family are known to be involved in various kinds of spindle dynamics. The function of this gene product includes chromosome positioning, centrosome separation and establishment of a bipolar spindle during cell mitosis (Cochran *et al.*, 2004). It was reported that the ATPase pathway is more similar to conventional kinesin than the spindle motors.

Myosin phosphatase regulates the interaction of actin and myosin downstream of the guanosine triphosphatase Rho. The small guanosine triphosphatase Rho is implicated in myosin light chain (MLC) phosphorylation, which results in contraction of smooth muscle and interaction of actin and myosin in nonmuscle cells (Kiss *et al.*, 2002). Differential expression of this gene directly affects the integrity of the cytoskeleton.

Pea15 is a death effector domain (DED)-containing protein predominantly expressed in the central nervous system, particularly in astrocytes. Reduction of Pea15 expression levels induced apoptosis (Trencia *et al.*, 2004).

Kcna4 is a potassium voltage-gated channel protein. Kcna4 may be important in the regulation of the fast repolarizing phase of action potentials in the heart and thus may influence the duration of cardiac action potential (Zhang *et al.*, 2004).

Protamine 2 (Prm2) is involved in fertility (Tanaka *et al.*, 2003). Thymidine kinase is involved in the malignant behavior of epithelial ovarian cancer (Gilles *et al.*, 2003; Berrieman *et al.*, 2004). Further investigation might reveal additional roles of damp obstruction.

As described in the literature, dampness retards middle-energizer and affects the stomach, spleen, and kidney (Huang *et al.*, 2000). Damp obstruction also presents minor symptoms such as the stomach duct and abdominal fullness and distension, a feeling of oppression and discomfort, dizziness, general anxiety, insomnia, weak or fatigued cumbersome limbs, poor appetite, nausea or vomiting, a bitter taste in the mouth, and thick and slimy tongue, frequently with edema (Li, 1976; Chen, 1999). Most symptoms might be explained by the dampness- induced oxidative stress which causes dysfunction of the stomach, insufficient generation of ATP in the kidney, weakening of the heart and lung, and hormonal dysregulation in the spleen and brain.

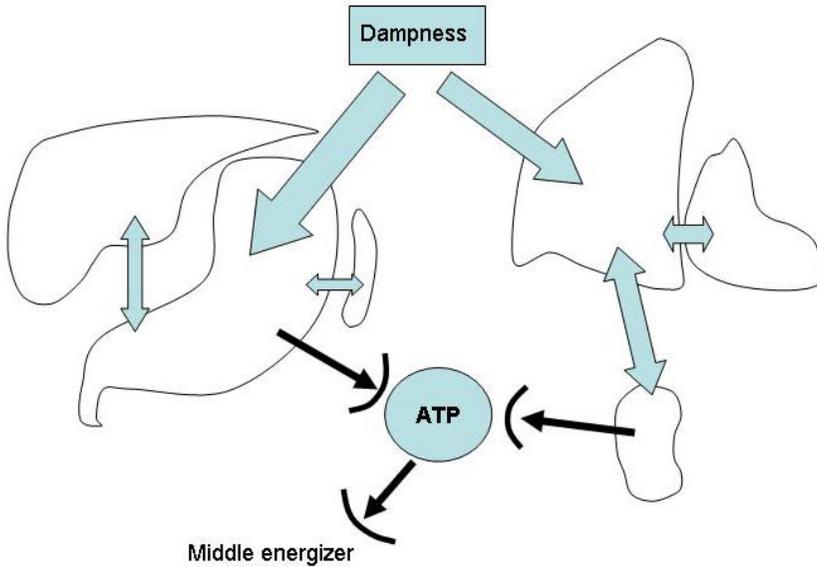


Figure 2. Schematic drawing for the hypothesized pathogenic effects of dampness against major organs leading to the blocking of middle energizer. Organs on the left side are liver (top), stomach and spleen (bottom), representing digestive system. Organs on the right are lung (top), heart (right), and kidney (bottom), representing respiratory and circulatory systems. The degree of obstructing effect of dampness is represented by the thickness of boxed arrow. The functional consequences are represented by solid arrow. Curved lines indicate blocking effect. In the current model, dampness severely attacks the stomach and lung. Dysfunction of the stomach affects liver and spleen and decreases ATP production. Dysfunction of respiratory system eventually affects the kidney function and results in decrease of ATP generation. The overall loss of ATP might serve as a major factor in the obstruction of middle energizer.

Philosophically, the five elements, metal (lung, jin), wood (liver, mu), water (kidney, shui), fire (heart, huo), and earth (spleen and stomach, tu) coordinate by subjugation or restriction to maintain a healthy, physiological state. Normal organ function promotes circulation of vital energy (qi). Introduction of dampness retards the flow of vital energy at middle-energizer, thus inducing dysfunction of spleen and stomach. A reasonable scheme might be proposed in consideration of functional and molecular themes obtained in this study (Fig. 2). At the digestive system, dampness first attacks the stomach, increases oxidative stress, disintegrates structure components, and leads to the dysfunction of the stomach. The dysfunction of the stomach affects the spleen and liver functions. In the circulatory system, lung is directly affected by dampness resulting in enhancing channel and receptor activity and depression of immune response. The function-altered lung weakens the heart and kidney. Brain might be the last organ affected by dampness. We speculate that the imbalance of organ function and down-regulation of ATP biosynthesis might be the major cause for the retardation of qi at middle energizer.

What is the essence of the five elements? Functionally, it is reasonable to hypothesize that tu is correlated to ATP biosynthesis and protein synthesis; shui is correlated to transporter activity and ATP synthesis; huo is associated with immune response and apoptosis; mu is associated with immune and inflammatory responses; and jin is associated with homeostasis and transporter activity.

Dampness might be of little life-threatening significance compared to carcinogenic materials or to direct sunlight. However, it presents a potential oncogenic factor as evidenced by the induction of oncogenic genes in the stomach, kidney, and heart. Early treatment with herbal medicine might be recommended since no known drug is designed for this purpose (Lu and Ma, 1994).

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