Early Results with Drug-Induced "ALS"

by Charlotte Gerson

At the beginning of November, we had a call from a distraught lady on the East Coast. She asked whether the Gerson Therapy was effective in overcoming or even just arresting A.L.S. (amyotrophic lateral sclerosis, a motor neuron disease, better known as "Lou Gehrig's Disease.") We unfortunately had to give her the truthful response: No, sorry, we couldn't help her. She asked whether the Gerson Therapy was effective in detoxifying patients from drug damage and that it was possible that the therapy could help her, although we certainly could make her no promises.

This patient, whom we shall call B.T., was born in January 1949. She had been examined and diagnosed by three neurologists. All had come to the same conclusion: A.L.S.—no hope. So our information was the first positive thing she had heard. After some further research, she decided to come with her husband to the Mexican Gerson clinic in early November.

After just one week on the Gerson treatment, her 35-year irritable bowel was gone; she had no more spasming or pain, and needed no more drugs! We warned her that the drugs with neurological action are more difficult to clear, and sure enough, her other improvements are slow. The severe twitching in her thighs is considerably improved but not gone. She was suffering from an injured ankle and her Achilles tendon is frozen, causing her to have an abnormal gait. Her walking is not much improved.

However, we pointed out to her that the mere fact that there are improvements in her condition is remarkable and does not usually happen in patients suffering from A.L.S.

As a rule, we don't publish articles that describe just the beginning of healing. This case, however, is important since it can give information and hope to patients who are told that there is no hope!

How to help the Institute:
1. Take advantage of our vehicle donation plan.
2. If your company has a "matching grant" program, use it to double your donation.
3. Tell Federal employee friends that the Gerson Institute is on the Combined Federal Campaign list.

From the Mailbag

“I Healed Myself from Mantle Cell NHL with Gerson Therapy”

Dear Charlotte and staff,

Enclosed find my membership payment for the upcoming year. I have been a subscriber for many, many years. (!!!)

Three and a half years ago, I was diagnosed with mantle cell non-Hodgkin's lymphoma. I turned down the treatment Dana Farber Cancer Center in Boston wanted me to take (four chemo drugs, one a trial drug, for six months, administered weekly). Instead, I followed your handbook exactly.

I will be having another annual CT scan and blood test in December. My two oncologists, one from Dana Farber and one from the Dover, NH Cancer Center in my home town, say that from my CT scans and two blood markers they watch for, I couldn't have cancer any more. My internist wrote in her annual report, "Mrs. F... has cured her own cancer with nutritional therapy." Also, my Dana Farber oncologist wrote me that the chemo treatments would not have cured my cancer. He had told me that, if I lived two years after diagnosis and chemo treatment, I'd surely have to have another six months of chemo to try to keep me alive a little longer—but it would require different chemo drugs the second time around because the first ones [won't] work again.

Thank you so much! —Joyce

Hepatitis/Aplastic Anemia...

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His progress is very slow, and his hemoglobin is still very low, only around 7.2, so we are worried that it could fall further and he would need to go back on transfusions.

Charlotte Gerson reports:

In May 2008, Benny started on the strict Gerson Therapy. We were delighted to obtain this latest report from another patient whose son is a good friend of Benny's. Benny's hemoglobin is almost normal, his osteoporosis is clearing, he looks and feels well, and, as reported, "one would never think that he had been seriously ill.”