Kaempferol Inhibits Angiogenesis and VEGF Expression Through Both HIF Dependent and Independent Pathways in Human Ovarian Cancer Cells

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INTRODUCTION

Ovarian cancer is one of the most significant malignancies in the Western world, and the antiangiogenesis strategy has been postulated for prevention and treatment of ovarian cancers. Kaempferol is a natural flavonoid present in many fruits and vegetables. The antiangiogenesis potential of kaempferol and its underlying mechanisms were investigated in two ovarian cancer cell lines, OVCAR-3 and A2780/CP70. Kaempferol mildly inhibits cell viability but significantly reduces VEGF gene expression at mRNA and protein levels in both ovarian cancer cell lines. In chorioallantoic membranes of chicken embryos, kaempferol significantly inhibits OVCAR-3-induced angiogenesis and tumor growth. HIF-1α, a regulator of VEGF, is downregulated by kaempferol treatment in both ovarian cancer cell lines. Kaempferol also represses AKT phosphorylation dose dependently at 5 to 20 µM concentrations. ESRRA is a HIF-independent VEGF regulator, and it is also downregulated by kaempferol in a dose-dependent manner. Overall, this study demonstrated that kaempferol is low in cytotoxicity but inhibits angiogenesis and VEGF expression in human ovarian cancer cells through both HIF-dependent (Akt/HIF) and HIF-independent (ESRRA) pathways and deserves further studies for possible application in angiogenesis prevention and treatment of ovarian cancers.

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including epidermal growth factor, transforming growth factor (TGF), interleukin-1 (IL-1), IL-6, also stimulate expression of the VEGF gene (9). Estrogens activate VEGF expression through estrogen receptors (ERs) and the estrogen response element (ERE) (12). Proto-oncogene c-Myc enforces cellular proliferation and growth in tumors (13) and cooperates with HIF-1 in inducing VEGF expression (14). Myc has been recently reported to be regulated by PI3K/AKT pathways (15). Whereas regulation of VEGF through PI3Kinase/AKT and HIF is considered the classical pathway, a pathway involving peroxisome proliferator-activated receptor gamma coactivator 1 alpha (PPARGC1A) and estrogen-related receptor alpha (ESRRA) was recently discovered to be independent of HIF (16). This pathway goes through ESRRA, an orphan nuclear receptor that has a high degree of sequence similarity and intense cross-talk to ERs (17).

Flavonoids are natural polyphenols present in a wide variety of fruits and vegetables (19) and have been shown to inhibit cancer development (20,21). It has been reported that dietary flavonoids reduce the risk to cardiovascular disease (22), prostate cancer (23), colorectal cancer (24), and renal cancer (19) in humans. Flavonoids have also been found to inhibit cell growth and proliferation (25) and induce cell toxicity (26,27) in cancer cells. Kaempferol [3,5,7-trihydroxy-2-(4-hydroxyphenyl)-4H-1-benzopyran-4-one] is among the most common dietary flavonoids and recently has been shown to possess antioxidant and antitumor properties. Kaempferol was found to inhibit proliferation of human breast and lung cancer cells (28,29), inhibit ERα expression in breast cancer cells (28), and induce apoptosis in glioblastoma cells (30) and in lung cancer cells by activation of MEK-MAPK (29). Kaempferol also exhibited an anti-inflammatory effect through inhibition of IL-4 (31), COX-2 and CRP expression and downregulation of NFκB pathway in liver cells (32). In human studies, a significant 40% decrease in ovarian cancer incidence was found for the highest quintile of kaempferol intake as compared to the lowest quintile (33). However, the effect and mechanism by which kaempferol inhibits ovarian cancer cell proliferation and tumor formation is not yet clear. In this study, kaempferol was investigated for its effects on angiogenesis and VEGF expression in ovarian cancer cells and the underlying mechanisms for this effect, including the conventional AKT-HIF and novel PPARGC1A-ESRRA pathways.

MATERIALS AND METHODS

Cell Culture

Two human ovarian cancer cell lines, OVCAR-3 (mutant p53) and A2780/CP70 (wild-type p53) (34,35), were maintained in RPMI 1640 medium supplemented with 100 units/ml penicillin, 100 µg/ml streptomycin (VWR, West Chester, PA), and 10% US-qualified fetal bovine serum (Invitrogen, Grand Island, NY) in a humidified incubator with 5% CO2 at 37°C.

Cell Viability Assay

Kaempferol’s effects on OVCAR-3 and A2780/CP70 cell viability were coloriometrically determined with a “CellTiter 96 Aqueous One Solution Cell Proliferation Assay” kit from Promega (Madison, WI). Cells (8 × 10³/well) were seeded into 96-well plates and incubated for 16 h before being treated with 0 to 80 µM kaempferol (Sigma, St. Louis, MO) in triplicates for another 24 h with DMSO as solvent control. Cells were then washed twice with phosphate-buffered saline (PBS), introduced with 100 µl medium containing 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulphophenyl)-2H-tetrazolium, inner salt (MTS), incubated at 37°C for 2 h, and measured for OD values at 490 nm. A linear standard curve was generated by seeding different amount of cells (0 to 1 × 10⁴) and treating with medium containing DMSO only. Cell viability was expressed as percentage of control from 3 independent experiments.

qRT-PCR

The effects of kaempferol on several genes’ mRNA level were determined by quantitative reverse-transcription PCR (qRT-PCR). Cells (5 × 10³) were seeded in 60-mm dishes and incubated for 16 h before treatment with kaempferol. For time course of VEGF mRNA expression, both cell lines were treated with 40 µM kaempferol for 0 to 24 h, and cells were harvested in TRIzol reagent (Invitrogen, Grand Island, NY) and stored in –80°C until analysis. For VEGF mRNA expression in response to kaempferol doses, both cell lines were treated with 0 to 40 µM kaempferol for 24 h before RNA was extracted, reconstituted in DEPC-treated water, and checked for integrity by agarose-gel electrophoresis. RNA samples were quantitated at OD 260/280, and 1 µg RNA was introduced to reverse transcription with AMV reverse transcriptase from Promega (Madison, WI). cDNA equivalent to 80 ng RNA was amplified by real-time PCR for various genes in triplicate with RT² SYBR Green qPCR Master Mix (SuperArray, Frederick, MD) and a Chromo4™ real-time detector coupled to a DNA Engine® thermal cycler (Bia-Rad, Hercules, CA). Primers for GAPDH, HIF-1α, HIF-1β, and ESRRA were chosen from the PrimerBank Web site (http://pga.mgh.harvard.edu/primerbank/), and primers for VEGF and PPARGC1A were designed from the Primer3 Web site (http://frodo.wi.mit.edu/cgi-bin/primer3/primer3_www.cgi). Primer sequences are listed in Table 1. The PCR program was set as follows: 95°C 10 min (95°C 20 s, 58°C 45 s, 72°C 20 s, 77°C 1 s, read plate) × 50; 72°C 5 min; 58°C 1 min; melting curve (65°C to 95°C by 0.5°C increments). A standard curve for each gene was generated from serial dilutions of PCR products to monitor amplification efficiency and to relatively quantify mRNA abundance. RNA samples without reverse transcription served as a non-reverse-transcription (–RT) control, and water served as a nontemplate control (NTC). Arbitrary units of each gene were derived from a corresponding standard curve, and mRNA abundance was normalized to GAPDH.
levels and expressed as percentages of control for statistical analysis.

ELISA
Secreted VEGF protein levels were analyzed by sandwich ELISA with a Quantikine Human VEGF Immunoassay Kit from R&D Systems (Minneapolis, MN) targeting VEGF_{165} in cell culture supernates. Cells (8 × 10^3/well) were seeded into 96-well plates and incubated for 16 h before treatment with kaempferol for 24 h. Culture supernates were collected for VEGF assay, and cell numbers were quantitated with MTS-based assay as mentioned above. VEGF levels, as determined following the manufacturer’s instructions, were normalized to cell numbers for each treatment. A total of 4 independent experiments, each in duplicates, was assayed, and the mean VEGF protein level from each duplicate was used for statistical analysis. For phosphorylated ERK1/ERK2 and AKT, DuoSet IC kits (R&D Systems, Minneapolis, MN) were used to develop sandwich ELISA, measuring phospho-ERK1 (T202/Y204)/phospho-ERK2 (T185/Y187), and phospho-AKT (S473) in cell lysates, respectively. Cells (5 × 10^5) were seeded into 60-mm dishes and incubated for 16 h before treatment with kaempferol for 24 h. Cell lysates were analyzed for p-ERK and p-AKT levels as per instructions, and total protein levels in lysates were determined with BCA Protein Assay Kit (Pierce, Rockford, IL) to normalize p-ERK and p-AKT abundance. A total of 4 independent experiments with triplicates each were performed, and averages from each triplicate were used for statistical analysis.

Western Blot
Cells (5 × 10^5) were seeded in 60-mm dishes and incubated for 16 h before treatment with kaempferol for 24 h. After double wash with cold PBS, cells were harvested with RIPA buffer freshly supplemented with 3 µg/ml aprotinin, 10 µg/ml leupeptin, 10 µg/ml pepstatin, 1 mM sodium vanadate (activated), and 1 mM PMSF (Sigma, St. Louis, MO). Total protein levels were assayed with a BCA Protein Assay Kit (Pierce, Rockford, IL), and lysates (50 µg total protein) were separated by 10% SDS-PAGE and blotted into nitrocellulose membrane with a Mini-Protean 3 System (Bio-Rad Laboratories, Hercules, CA). For immunodetection, antibodies against HIF-1α, HIF-1β (BD Biosciences, San Jose, CA), and GAPDH (Santa Cruz Biotechnology, Santa Cruz, CA) were applied and signals visualized with a SuperSignal West Pico Complete Mouse IgG Detection Kit and x-ray film (Pierce Biotechnology, Rockford, IL). Protein bands were quantitated with Quantity One software (Bio-Rad Laboratories, Hercules, CA), normalized to corresponding GAPDH bands, and expressed as percentages of control. A total of 3 independent experiments were carried out for statistical analysis.

Chicken Embryo Chorioallantoic Membrane (CAM) Assay
OVCAR-3 cells (3 × 10^6) were suspended in 100 µl medium (serum-free, 4°C), mixed with 50 µl liquid BD Matrigel Basement Membrane Matrix High Concentration (BD Biosciences, San Jose, CA), supplemented with or without 20-µM kaempferol at 4°C, and implanted in the CAM of 9-day-old chicken embryos. After 5-day incubation at 37.5°C, tumor implants were dissected out, photographed, weighed, and counted under a dissecting microscope for branching blood vessels. A total of 5 chicken embryos were included in each treatment group.

Statistical Analysis
Average values of replicates were collected from independent experiments and analyzed by analysis of variance (ANOVA)
and post hoc test (2-sided Dunnett’s t) with SPSS 15.0 (SPSS Inc., Chicago, IL) to test both overall differences and specific differences between each treatment and control. A $P$ value of less than 0.05 was considered significant.

**RESULTS**

**Kaempferol Mildly Inhibits Cell Viability in Ovarian Cancer Cell Lines**

OVCAR-3 and A2780/CP70 cells were treated with kaempferol for 24 h and assayed for cell viability. As shown in Fig. 1A, OVCAR-3 cell viability was inhibited to 91% by 20-$\mu$M kaempferol treatment ($P < 0.01$), and to 74% at 80-$\mu$M kaempferol concentration ($P < 0.001$). For A2780/CP70 cells, the viability was slightly promoted to 102% at 20-$\mu$M kaempferol concentration ($P > 0.38$), and then inhibited down to 94% and 79% by 40-$\mu$M and 80-$\mu$M kaempferol treatments, respectively ($P < 0.001$). An overall inhibitory effect on cell viability was observed for both cell lines, and A2780/CP70 cells appeared more resistant than OVCAR-3 cells to the inhibiting effect of kaempferol ($P < 0.05$).

**Kaempferol Inhibits VEGF Expression in Ovarian Cancer Cell Lines**

Both cell lines were treated with kaempferol and assayed for VEGF mRNA and protein levels by qRT-PCR and ELISA, respectively. As shown in Fig. 1B, 40-$\mu$M kaempferol treatment did not influence VEGF mRNA expression within 8 h. However, VEGF mRNA levels were downregulated to 57% in OVCAR-3 cells ($P < 0.05$) and 72% in A2780/CP70 cells ($P < 0.05$) at Hour 16 and remained at close levels at Hour 24. For 24-h kaempferol treatment (Fig. 1C), VEGF mRNA expression was downregulated by 20-$\mu$M kaempferol treatment to 73% ($P < 0.05$) and 81% ($P < 0.001$) in OVCAR-3 and A2780/CP70 cells, respectively. Significant further downregulation was also observed for 40-$\mu$M kaempferol treatment in both cell lines. Both cell lines showed concentration-dependent inhibition on VEGF mRNA levels by kaempferol treatment, and no significant difference between OVCAR-3 and A2780/CP70 cells was observed.

VEGF protein levels in cell culture supernates were also downregulated by kaempferol treatments (Fig. 1D). The levels of VEGF protein were 80% ($P < 0.05$) and 82% ($P < 0.05$) of controls in OVCAR-3 and A2780/CP70 cells, respectively, at 10-$\mu$M kaempferol concentration. Further inhibition was observed for higher kaempferol treatments in a concentration-dependent and significant manner, and both cell lines appeared similar in their response to kaempferol’s inhibition on VEGF protein levels.

**Kaempferol Inhibits Tumorigenesis and Angiogenesis in Chicken Embryo CAMs**

Kaempferol was tested for its effects on in vivo angiogenesis. Chicken embryo CAMs were implanted with OVCAR-3 cells suspended in cold liquid matrigel, which gels quickly at raised temperature. This cancer cell-containing gel becomes a tumor in chicken embryo and continues to grow and induce angiogenesis within the vasculature-rich CAM due to the lack of an immune system in chicken embryos. Growth and angiogenesis of tumor implants are inhibited by inclusion of 20-$\mu$M kaempferol. As shown in Fig. 1E, the implanted cancer cells grow to a tumor of 70 mg, with 26 blood vessels counted. Inclusion of 20-$\mu$M kaempferol in this implant, however, reduced tumor growth down to 38 mg ($P < 0.01$) and inhibited blood vessel development to 16 ($P < 0.05$). A typical photograph (Fig. 1E) was shown to contrast the 2 tumors with or without kaempferol in terms of both tumor size and angiogenesis.

**Kaempferol Inhibits HIF-1$\alpha$ Protein Expression in Ovarian Cancer Cell Lines**

The effect of kaempferol on HIF-1$\alpha$ and HIF-1$\beta$ gene expression was investigated at both the mRNA and protein levels by qRT-PCR and Western blot, respectively. As shown in Fig. 2A, kaempferol treatment did not have an obvious effect on HIF-1$\alpha$ mRNA levels except for an 80-$\mu$M treatment on OVCAR-3 cells, which downregulated HIF-1$\alpha$ mRNA level to 80% ($P = 0.010$). For HIF-1$\beta$ mRNA, no appreciable effects were found in both cell lines ($P > 0.40$), leaving a random distribution and an inconsistent pattern (Fig. 2B).

HIF-1$\alpha$ protein levels showed intense and consistent downregulation by kaempferol treatment (Fig. 2C). A 5-$\mu$M kaempferol treatment led to inhibition of HIF-1$\alpha$ protein to 75% in OVCAR-3 cells ($P < 0.01$), and a 10-$\mu$M treatment reduced HIF-1$\alpha$ protein to 70% in A2780/CP70 cells ($P < 0.05$). Higher concentrations of kaempferol resulted in greater inhibition, with the levels of HIF-1$\alpha$ protein at 80-$\mu$M kaempferol down to 9% and 4% in OVCAR-3 and A2780/CP70 cancer cells, respectively ($P < 0.001$). For the concentration-dependent inhibition of HIF-1$\alpha$ protein levels, no significant difference between OVCAR-3 and A2780/CP70 cells was observed. HIF-1$\beta$ proteins were not affected by kaempferol treatment, with levels distributed from 91% to 118% ($P > 0.50$) randomly for both cell lines (Fig. 2D).

**Kaempferol Inhibits p-AKT But Not p-ERK Levels in Ovarian Cancer Cell Lines**

The levels of the signal transduction molecules, phosphorylated AKT and ERK, were determined with ELISA. As shown in Fig. 3A, p-AKT levels were downregulated from 21.8 ng/mg total protein (TP) at control to 11.2 ng/mg TP at 20-$\mu$M kaempferol treatment in OVCAR-3 cells, and from 8.8 ng/mg TP at control to 7.1 ng/mg TP at 20-$\mu$M kaempferol treatment in A2780/CP70 cells, showing a concentration-dependent and significant inhibition in both cell lines ($P < 0.05$). Phosphorylation of ERK is promoted by kaempferol treatment (Fig. 3B). The p-ERK levels were increased from 4.7 ng/mg TP at control to 6.7 ng/mg TP at 20 $\mu$M in OVCAR-3 cells ($P < 0.05$), showing a concentration-dependent promotion effect by
FIG. 1. Kaempferol's effect on cell viability, VEGF expression, tumorigenesis, and angiogenesis in ovarian cancer cell lines. A: Cells (8 \times 10^3/well) were seeded in 96-well plates, incubated for 16 h, and treated with kaempferol for 24 h. Cell viability was colorimetrically determined by a MTS-based method and expressed as percentages of control. Data represents mean ± SE from 3 independent experiments. B: Cells (5 \times 10^5) were seeded in 60-mm dishes, incubated 16 h, and treated with 40-µM kaempferol for 0 to 24 h. Cells were harvested in TRIzol Reagent and stored in −80°C until analysis. RNA was extracted; reverse transcribed with AMV reverse transcriptase; and quantitated by SYBR Green-based, real-time PCR. VEGF mRNA levels were normalized by GAPDH abundance and expressed as percentages of control. Data represents mean ± SE from 2 independent experiments. C: Cells (5 \times 10^5) were seeded in 60-mm dishes, incubated 16 h, and treated with 0 to 40 µM kaempferol for 24 h. RNA was extracted with TRIzol Reagent, reverse-transcribed with AMV reverse transcriptase, and quantitated by SYBR Green-based, real-time PCR. VEGF mRNA levels were normalized by GAPDH abundance and expressed as percentages of control. Data represents mean ± SE from 3 independent experiments. D: Cells (8 \times 10^3/well) were seeded in 96-well plates, incubated for 16 h, and treated with kaempferol for 24 h. Culture supernates were collected and analyzed for VEGF 165 by ELISA, and cell numbers were determined by MTS-based assay. VEGF levels were normalized by cell numbers and expressed as percentages of control. Data represents mean ± SE from 4 independent experiments. E: OVCAR-3 cells (3 \times 10^6) were suspended in 100 µl serum-free medium at 4°C, mixed with 50 µl cold BD Matrigel, supplemented with or without 20-µM kaempferol at 4°C, implanted in the chorioallantoic membrane of 9-day-old chicken embryos, and incubated for 5 days at 37.5°C before tumors were weighed and counted for blood vessels. Data represents mean ± SE from 5 chicken embryos. *P < 0.05 as compared to control. **P < 0.01 as compared to control.
kaempferol treatment; however, kaempferol did not affect p-ERK level in A2780/CP70 cells ($P = 0.18$). Both signaling molecules were found at much higher levels in OVCAR-3 cells than in A2780/CP70 cells, and kaempferol’s effect on these signaling molecules was also more pronounced in OVCAR-3 cells (Fig. 3).

Kaempferol Inhibits ESRRA mRNA Expression in Ovarian Cancer Cell Lines

Kaempferol’s effect on PPARGC1A and ESRRA was examined by qRT-PCR in both cell lines. As shown in Fig. 4A, no significant change was found on PPARGC1A mRNA levels, resulting in a random fluctuation of mRNA levels with increasing doses of kaempferol. For ESRRA, the mRNA levels were inhibited to 62% in OVCAR-3 cells by a 20-µM treatment ($P < 0.01$) and to 68% in A2780/CP70 cells at 40-µM kaempferol ($P < 0.01$; Fig. 4B). Further inhibition effects were observed for higher kaempferol treatments in a concentration-dependent manner. A2780/CP70 cells also show higher resistance than OVCAR-3 cells to kaempferol treatment ($P < 0.01$), with a significant inhibition of ESRRA mRNA levels observed only at 40- and 80-µM treatments.

**DISCUSSION**

The risk of ovarian cancer increases with age and with the use of oral contraceptive pills (18). Few studies have been done to relate lifestyles to ovarian cancer risks, although ovarian cancer risk has been consistently associated with a high intake of saturated fat and a low intake of vegetables (36). Flavonoids, as an abundant ingredient in fruits and vegetables, are believed to play an important role in anticarcinogenesis through their antioxidant, antiestrogenic, antiproliferative, antiangiogenic, and anti-inflammatory properties (33). Kaempferol is a flavonoid widely and abundantly distributed in diet, and an impressive 40% decrease in ovarian cancer incidence with kaempferol intake reported by a recent study suggests kaempferol as a potential chemoprevention agent but calls for more intense studies on its effect and mechanism of action in ovarian cancers (33).Obviously, kaempferol’s effects in reducing ovarian cancer risks can not be explained solely for its direct cytotoxicity on ovarian cancer cells, as our experiments on ovarian cancer cell lines only revealed a very mild inhibitory effect on cell viability. Besides, very few chemicals can distinguish well between tumor cells and normal tissues, and a strong cytotoxicity is normally associated with severe side effects because of the killing of healthy cells. As a widely distributed dietary flavonoid, kaempferol does
Kaempferol’s effect on p-AKT and p-ERK levels. A and B: Cells (5 × 10⁵) were seeded in 60-mm dishes, incubated for 16 h, and treated with kaempferol for 24 h. Cell lysates were analyzed for p-AKT and p-ERK with ELISA, and for total protein with BCA assay. Levels of p-AKT and p-ERK were normalized by total protein. Data represents mean ± SE from 4 independent experiments. *P < 0.05 as compared to control.

not cause any severe side effects in either healthy people or ovarian cancer patients, nor does it kill ovarian cancer cells directly and strongly. However, kaempferol could possibly inhibit ovarian cancer cells through an indirect mechanism, antiangiogenesis.

Ovarian cancer cells are known to secrete VEGF to recruit vascular endothelial cells for angiogenesis (37,38). Angiogenesis is critical in tumor growth, invasion, and metastasis (39,40). Therefore, VEGF is one of the most significant and direct targets in an antiangiogenesis strategy. Our experiments discovered time- and dose-dependent inhibition on VEGF expression in ovarian cancer cells by kaempferol, with a greater effect at protein levels than mRNA levels. A 10-μM kaempferol treatment significantly inhibited VEGF protein secretion down to 80%; but for VEGF mRNA, a concentration of 20 μM was needed to reach similar VEGF inhibition. This difference possibly reflects an amplification effect in translating mRNA to proteins in ovarian cancer cells where the signal for VEGF expression was amplified along the central dogma in genetics. By comparing kaempferol’s inhibitory effects on cell viability and VEGF expression, it further proves that kaempferol mainly performs its function through antiangiogenesis rather than killing cells directly: a 10-μM kaempferol treatment inhibits VEGF protein down to 80%, a slightly higher 20-μM kaempferol treatment inhibits VEGF mRNA down to 80%, but an eightfold higher concentration (80 μM) of kaempferol is needed.

Kaempferol’s effect on PPARG1A and ESRRA mRNA level. A and B: Cells (5 × 10⁵) were seeded in 60-mm dishes, incubated 16 h, and treated with kaempferol for 24 h. RNA was extracted with TRizol Reagent, reverse-transcribed with AMV reverse transcriptase, and quantitated by SYBR Green-based, real-time PCR. PPARG1A and ESRRA mRNA levels were normalized by GAPDH abundance and expressed as percentages of control. Data represents mean ± SE from 3 independent experiments. **P < 0.01 as compared to control.
to inhibit cell viability down to 80% in A2780/CP70 ovarian cancer cells. In our chicken embryo CAM assay, kaempferol also reduced tumor size significantly. This should be explained more as a result of antiangiogenesis rather than direct inhibition of tumor growth because a 20 \( \mu \)M kaempferol only inhibits OVCAR-3 cell viability down to 91% in our cell viability assay, whereas the tumor weight was reduced down to 54% (from 70 to 38 mg).

Although our results indicate that kaempferol works on ovarian cancer cells through inhibiting VEGF expression rather than killing cancer cells directly, inhibition of VEGF is more than just antiangiogenesis. It, in turn, has an indirect effect in suppressing growth of cancer cells. Originally thought to recruit vascular endothelial cells through a paracrine mode, VEGF was later found to also act in an autocrine manner to promote growth of tumor cells themselves (41). Ovarian tumors are known to express VEGF receptors (42), and VEGF secreted by ovarian cancer cells can act in both autocrine and paracrine fashions to promote growth of tumor cells. Moreover, VEGF can act as a survival factor through enhanced expression of B-cl-2 and survivin, protecting cancer cells against apoptosis (6). By targeting VEGF in ovarian cancer cells, kaempferol inhibits angiogenesis in tumors and represses tumor growth and survival indirectly.

Our experiments further explored mechanisms through which kaempferol inhibits VEGF expression and angiogenesis in ovarian cancer cells. It is known that hypoxia stimulates VEGF expression through inducing HIF-1 transcriptional factors; and under normoxia, the PI3 kinase and AKT signaling pathway is implicated in HIF-1-mediated responses (43). Like apigenin, the other dietary flavonoid studied for this pathway (10), kaempferol inhibits HIF-1\( \alpha \) protein levels in a concentration-dependent manner; but HIF-1\( \alpha \) mRNA levels are only inhibited at high kaempferol concentration (80 \( \mu \)M) in ovarian cancer cells. This again indicates an amplification effect in the translation process. HIF-\( \beta \) is a constitutively expressed subunit and as expected is not affected by kaempferol treatment at mRNA or protein levels. Phosphorylated AKT in this pathway was downregulated by kaempferol treatment up to 20 \( \mu \)M in a concentration-dependent manner, and it proves AKT-HIF-VEGF as a working mechanism at physiologically relevant kaempferol concentrations, which is typically below 20 \( \mu \)M in vivo. Normal population kaempferol intake is assumed to be the 0.8 to 11.0 mg/day in the Nurses’ Health Study (33). We also examined another signaling molecule, p-ERK, and our results showed that ERK pathway is not involved in kaempferol’s effect on VEGF inhibition.

Independent of HIF transcription factors, the PPARGC1A/ESRRA pathway is newly discovered that affects VEGF expression and angiogenesis (16). Kaempferol treatment has no effect on PPARGC1A mRNA levels, but it concentration dependently repressed ESRRA mRNA levels in ovarian cancer cells. This might be another mechanism through which kaempferol inhibits VEGF expression. Estrogens bind to nuclear receptors ER\( \alpha \) and ER\( \beta \), which are ligand-inducible transcription factors and stimulate transcription of many genes. Although no classical EREs are found in the 5’ regulatory regions, VEGF is an estrogen responsive gene with several AP-1 and Sp1 sites in this region to mediate estrogens’ effect (44) and a variant ERE 1.5 kb away from the transcription start (6). In fact, estrogens have been shown to induce VEGF mRNA levels in ER+ breast tumor cells (12), and kaempferol has been reported to inhibit ER\( \alpha \) expression at both mRNA and protein levels in breast cancer cells (28). Although ESRRA does not respond to an estrogen stimulus, it is a downstream effector of PPARGC1A. ESRRA is also evolutionarily related to ERs and can efficiently bind to EREs that are commonly shared by many target genes (45). In fact, ESRRA expression has already been suggested as a negative prognostic factor for disease-free survival of ovarian cancer patients (17). Inhibition of ESRRA mRNA levels in ovarian cancer cells has suggested another pathway as kaempferol’s working mechanism in antiangiogenesis.

Overall, the dietary flavonoid, kaempferol, was found to be effective in inhibiting VEGF expression, angiogenesis, and cell viability through both the HIF-1\( \alpha \) dependent and the HIF-1\( \alpha \) independent pathways in ovarian cancer cells (Fig. 5). As a widely distributed natural product, kaempferol is low in toxicity, potent in antiangiogenesis, and deserves further study on possible applications in angio-prevention and therapy of ovarian cancers.

FIG. 5. Proposed mechanism for kaempferol’s inhibition of angiogenesis and proliferation in ovarian cancer cells. Connector lines represent established pathways. Arrows indicate regulations by kaempferol treatment in experimental results. PPARGC1A, peroxisome proliferator-activated receptor gamma coactivator 1 alpha; ESRRA, estrogen-related receptor alpha; HIF-1\( \alpha \), hypoxia-inducible factor 1 alpha; VEGF, vascular endothelial growth factor.
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