Andrew’s Remarkable 22-year Recovery from Kidney Cancer with Lung Metastases

by Charlotte Gerson

On the occasion of the Cancer Control Convention in Los Angeles, over the 2008 Labor Day week-end, a gentleman came up to the Gerson booth and wanted to talk to me. Of course, I am always available to talk to people at our booth. He had an unusual, wonderful story to tell, of a long term recovery using the Gerson Therapy.

I cannot use his name since he is active in public life. I’ll refer to him as “Andrew”. He opened his story with the remarkable statement that the Gerson Therapy helped him to recover from kidney cancer that had spread to his lungs! Generally, kidney cancer is fatal within a year or two at most. Lung metastases kill the patient sooner, usually within one year. A 22-year recovery of such a dual problem is truly extraordinary.

Andrew told me that in 1986, reporting for an interview, the doctor made an X-ray of his lung, and found “shadows”. The doctor reported that the “diagnosis was uncertain” and suggested a CT scan.

Andrew felt that he needed a second opinion. His parents had lived for some years in Switzerland and they felt that he needed to visit a European physician for further diagnosing. He actually went to a top specialist in England who told Andrew that, prior to doing a lung biopsy, he felt it necessary to do an abdominal scan. This scan revealed a tumor in Andrew’s kidney. The report was brought to Andrew by a special messenger.

Obviously, it was urgent now to remove this mass and Andrew was given a radical “nephrectomy” (total removal of the kidney). During this surgery, he actually died; his functions ceased. Still in the operating room, he was “resurrected”, came back to consciousness, and was taken to his room. Fortunately, his mother was there and she noted that the carpet in the room was red—stained with blood. Actually, Andrew had internal bleeding (as noted in his hospital records), was again rushed to the operating room, and was resurrected a second time!

He relates that he had a true “death and light experience,” seeing the white light and feeling the presence of God.

The experience changed his whole life perspective. Any anger or grudge he might have held toward other people completely disappeared. He felt strongly that God had saved him for a purpose. It took him many months to recover, he was weak and unable to get around. He returned to Switzerland and entered a five-month course of Gerson Theraphy.

Andrew’s Remarkable 22-year Recovery from Kidney Cancer with Lung Metastases (continued on page 2)
We Get Letters ...

Dear Mr. Straus,

Thank you for the wonderful inscription in your book, and for your business card. How nice that was of you! And indeed, I am enjoying good health at the young age of 60 bodily years. My husband, Frank Blumer, has a lot to do with that!

You see, Frank found Dr. Gerson’s therapy in the 7O’s when his former wife developed a brain tumor. Being quite intelligent, Frank recognized what a brilliant therapy the Gerson therapy was, learned it from Dr. Gerson’s book as well as from Jacqu Davison’s book, Cancer Winner, and applied it to both his wife and to himself. He became healthier, and his former wife, after a year, no longer had a brain tumor and was the very image of health.

Unfortunately, she was so healthy that she shared herself with many other men, so Frank divorced her. A native of the Pasadena, Los Angeles area, Frank came through town to visit his parents after the divorce in 1986. To his surprise and horror, his beloved father to visit his parents after the divorce in 1986. To his surprise and horror, his beloved father was undergoing exploratory surgery. The doctors found that he had a tumor growing on his liver and pronounced that Jack Blumer should “put his affairs in order” as he only had a few weeks to live, at most, and he might go as quickly as two days. What a horrible shock to everyone!

At that time, Jack was in his mid-70’s. The docs said that the cancer had grown deeply inside the liver ducts and so chemo and radiation would be of no use.

So, Frank moved back home with his parents, and applied the Gerson Therapy to his dad. After a few weeks, Jack was up and able to walk. A couple of weeks more and he felt like bicycling again and started it up. Weeks gave way to months gave way to years. Jack lived another 17 years to the ripe old age of 91½, and died, cancer-free, in January 2001.

I have not read your book yet, but just read your dedication—and it brings tears to my eyes. So, you are Charlotte’s son and the great Dr. Max Gerson’s grandson! I am so pleased to meet you.

As champions of the Gerson therapy, Frank and I have both told many cancer sufferers of the therapy. And many of these people chose, instead, to mix-and-match various methods (trying to form their own cancer treatment, it seems), instead of following the well laid-out plan that Dr. Gerson offers. Or sometimes the ill chose to follow (blindly, it seems) the path of chemo and radiation. All of these have died. Sad, but very true, and very needless.

I just really wanted to be in touch with you and to introduce my husband to you. I am honored to know you, even via email.

All the very best,

Bettie Ross-Blumer

Reflections on Health

by Sarto Schickel, September 2007

Health is a creative process requiring keen insight and disciplined actions.

Keen insight means a sound set of principles that are based on scientific reality and/or sound tradition. It means that one is constantly learning, integrating and adjusting, based on new insights being learned.

Disciplined actions mean that one has developed good daily habits and that through self-discipline one is able to implement a program, which is in turn supported by a sound set of principles.

The individual must be involved as the process of good health is one’s own responsibility primarily. It is not primarily the responsibility of the doctor or other health care provider. They may be important but ultimately they are secondary.

Through daily eating we create ourselves. The food and drink choices we make largely determine whether we will be sick, weak and depressed or healthy, vibrant and happy.

There is endless insight, creativity and love that can go into cooking and meal presentation as well as all aspects of dwelling in a home. The culinary and domestic arts are critical for good health.

Insight allows us to appreciate and discern TRUTH. Love inspires us to appreciate and generate GOODNESS. Creativity allows us appreciate and produce BEAUTY. All three are essential for health.

If we are doing things right, ultimately beauty and love will shine through, as true health is naturally expressed as a profound and comprehensive sense of beauty, love and peace.

Metastasized kidney cancer ...

continued from page 1

to work more than half-days. The remaining time he spent researching health and natural healing. That is when he discovered the Gerson Therapy and used it to a large extent, bought his first Norwalk juicer, also saw Dr. Contreras, used the Warburg as well as “Energy Healing” treatments—and eventually recovered.

Once he was well, Andrew had a great deal of energy and started to help other people. He has helped many patients, and even resold several Norwalk juicers at a discount (he is on his fourth one), or urged patients to obtain one. He is extremely active in spreading the word of natural healing, specifically the Gerson Therapy.

This Holiday Season, share the gift of life, The Gerson Healing Newsletter—a perfect gift for someone you love!

Health is multi-dimensional. It is not enough to be physically strong. That alone is not health. One must also be loving, creative and using one’s keen insight not only for self-benefit, but also for the benefit of humanity and the planet.

A healthy person is good-humored and well-mannered, peaceful and joyful, taking delight in the beauty all around us, and at the same time working to solve the many problems that confront humanity and the planet.

[Sarto Schickel is the nephew of Bill Schickel, the renowned Midwestern church architect, stained glass artist and painter who was Dr. Gerson’s patient well over 50 years ago. Bill is still alive and well. Sarto’s lovely wife, Sun Hee, is now on the Gerson Therapy. Sarto and Sun Hee attended BNC a few months ago, and they are doing very well.—Ed.]
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