Cranberry Supplement
Cranberries were part of the traditional native American diet and were used as herbal remedies to disinfect open wounds, treat bladder and kidney infections and for oral hygiene. Harrods Pharmacy has launched two new cranberry supplements. Urell, a pure, concentrated juice and Oxyrell a box of cranberry juice concentrated sachets. Further information Tel: 020-7893 8155; andre.dang@harrods.com

Energy Patch
Lifewave is a non-transdermal patch that sends a biological message to the body to create more energy, burn fat and open up the flow of energy. Major universities have conducted double blind placebo controlled studies that prove the success of the patches. Further information visit www.energizingtheworld.com

Arthritis Cure
Karolina Bostrom developed arthritis in her hands three years ago. Her horse developed a joint condition which Karolina treated using Yin Yang Skin Cream containing a form of sulphur known as Methyl-Sulphonyl-Methane (MSM), and found that her own symptoms improved and within a month were gone. The Yin Yang product range is available from Advanced Nutrition Ltd on Tel: 0870 073 7301; www.advancednutritionlimited.com

Royal Jelly for Hair
Irena Unique Royal Jelly formulation has a number of different ingredients which work separately and together to help hair to be healthy, thick and glossy. By using a combination of ingredients which promote healthy hair

People with eczema or psoriasis suffer with red, dry, cracked, itchy and painful skin. Elena Schalburg tries to help eczema and psoriasis sufferers keep their problem skin under control. She has devised a regime that has resulted in complete success according to 80-90% of her customers. Her products have been available on the National Health Service in the last two years. Her products include:

- Trinity Soap and Shampoo – anti-bacterial and anti-inflammatory;
- Bath and Body Oil – lubrication for dry, cracked skin;
- Day Cream Special and Night Cream Extra – moisturization of itchy, dry, skin;
- Eureka Cream – help with stubborn, exposed and difficult areas and flare-ups.

Further Information
Please contact Tel: 01435 882092; elena@elenascollection.co.uk; www.elenascollection.co.uk

Melatonin Wonder Molecule
Melatonin aids sound sleep, protects against jet lag, is a powerful antioxidant and offers radioprotection against exposure to power lines, cellphones and their masts. It is also probably the safest of all natural hormones, even when taken in massive doses. However, at about age fifty, the body’s ability to produce its own melatonin declines significantly.

Plants also synthesize melatonin; melatonin from plants is effective in physiological doses far lower than pharmacological. Coghill Research Laboratories had been researching how to protect people exposed to radiation from powerlines and cellphones or living near their masts. They found that the grass variety Festuca arundinacea was the richest source of melatonin in the plant kingdom. Sister company Electro Magnetic Products Ltd (EMP) now sells the refined powder as a dietary food supplement, Asphalia

Further Information and Special Offer
EMP is offering 10% off Asphalia. Tel: 01495 752122 and quote PH; www.cogreslab.co.uk

Chemotherapy Flower Essences
A person undergoing chemotherapy may experience a tumult of emotions. Serena Helene Smith, developer of the Little Miracles range, has been working with flower essences for 15 years. She has personally experienced chemotherapy and decided there was a great need for a range of flower essences to give help, support and comfort at this time. The range is called BEYOND CHEMOTHERAPY; the first four blends will offer:

- PEACE – for trauma, fears and worries;
- SUPPORT – for protection from negativity, and for feeling nurtured;
- UPLIFTER – for self-esteem, confidence and optimism (especially for women having a mastectomy);
- EMOTIONAL DETOX – for letting go of anger and resentment, forgiveness.

Further Information
Available in 50ml bottles (approx one month’s supply). Cost £9.50 plus postage and packing. Please contact Serena: Helpline Tel: 020-7435-5555; Tel: 020-7431-6153; www.littlemiracles.co.uk