Prescriptions for Mass Murder

by Charlotte Gerson

In the early days of October, 2004, the widely distributed drug VIOXX® was suddenly withdrawn from the market. It apparently was 'just discovered' that it is a dangerous material and has caused thousands of deaths from "sudden heart attacks," kidney damage and other serious illness. This scandal is not only a financial one, but one of mass murder.

It has apparently been known for over four years that VIOXX, with a worldwide distribution for the relief of arthritis pain, has serious 'side effects.' One can read it in The Companion Guide of the Physician's Desk Reference, edited specially for the laymen. There are other books on the subject: People's Guide to Deadly Drug Interactions, by Joe Graedon and Theresa Graedon, Ph.D. (St. Martins Press, New York; 1995). And for serious researchers, there is the medical "PDR" (Physician's Desk Reference) that has many columns of cautionaries referring to VIOXX. For instance, you can read under "Warnings and Side Effects" that Cardiovascular effects included sudden death, myocardial infarction (heart attack), angina, stroke, venous and arterial thromboses.

But the real shocker is that VIOXX in the course of 2003 yielded an income to Merck of US$2,550,000,000 (yes, that's over two and a half billion dollars); and it was clearly stated that "business issues" kept it from being withdrawn earlier! Yet, a few days after the official withdrawal of VIOXX, a radio announcement had it that the number of heart attacks attributed to its use was estimated at 28,000.

The next point is: if you have arthritis and have relied on VIOXX for pain relief, what will you do without it? Well, there is Celebrex®, which according to doctors is very similar in pharmaceutical structure—its manufacturer, Pfizer, has rushed to state that it is perfectly safe—but can you trust it? Check the PDR, and you'll find that very similar 'side effects' and warnings' are given for Celebrex as for VIOXX. To the above list of cardiovascular problems, add pulmonary embolism, peripheral gangrene, as well as intestinal perforation and dozens of other problems.

So what remains? Your best bet is always healing. As you know, the Gerson Therapy has been very effective in halting the pain of arthritis, and, if pursued further, in reversing arthritis. This is especially true and relatively easy in the case of rheumatoid arthritis which responds extremely well and quite rapidly to the Gerson Therapy. But, there are also those people who want to take a pill and not change their lifestyle. While we don't advocate pain killers, Ibuprofen is superior to any of the other drugs, and less dangerous.

While I was researching drug damage, I checked a few others prescription items that are commonly used and widely distributed. Some of the worst offenders are the statins, for the reduction of blood cholesterol. It is so easy to reduce blood cholesterol with the Gerson Therapy that I see no reason to take dangerous drugs. We have seen some extraordinary responses in several patients: their high cholesterol, above 500 (should be between 160 and 190), came down by over 100 points in just one week at the Mexican Gerson hospital, without cholesterol-lowering drugs! That dramatic improvement is not true for all patients; but a considerable drop is common. Now let us look at the latest information about statins: In the April 8th issue (2004) the New England Journal of Medicine carried an article reporting on the research done by two physicians from the National Institutes of Health that almost half of the children born to women who had taken cholesterol-lowering statin drugs during the first trimester of pregnancy are malformed! A Dr. Malcolm Kendrick wrote a blistering attack on statins, saying "we are sleepwalking into what could be a major medical disaster." There are numerous 'statin' drugs on the market, heavily advertised ones are: Lipitor®, Zocor®, Prevachol®, Crestor® and more. What if you are not in the child-bearing years, or you are a male: are statins drugs safe? Here are a few 'side effects' mentioned in the PDR Companion Guide: liver damage, muscle tissue damage, abdominal pain, headache, constipation, diabetes, gas, nausea, upper respiratory infection, weakness. Some of these 'side effects' have proven fatal!

Just a few days later, the US-owned British drug maker, Chiron, announced that the government of the UK had stopped them from marketing their flu vaccine because of concerns about contamination. This means that 50% of the expected flu vaccines destined for the U.S. market will not be available. Since it takes a considerable amount of time to produce the vaccines, they cannot be ready for this year's flu season. Available shots will be reserved for children from six months up, the elderly, and those chronically ill. Is that a disaster? Hardly. It is not too difficult to build up one's immune system with good, fresh, vegetarian foods, daily portions of organic carrot juice, and by minimizing 'junk food.' This will keep a lot of people from developing the disastrous side-effects of the immunization shots which contain the highly toxic chemical thimerosal. Many people will remember the terrible winter of the swine-flu vaccine that produced severe paralyses and deaths.

We have written before about

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Our documentary has made it into many important hands, and, as those of you who have seen it know, it is a powerful statement of our philosophy and results.

Beyond that, we have had to hire staff to handle the extra load, plus comply with new state regulations regarding privacy and patient records-keeping.

All these new activities, plus the core functions of the Institute of patient assistance, publication, training, hospital supervision, licensing of new facilities in parts of the world remote from San Diego require funds in substantial amounts.

Cancer is on the increase in America and in the world, thanks to the untiring efforts of Big Pharma and the FDA (redundant, I suppose). Our workload continues to grow apace, and though we are in far better financial condition than we were 18 months ago, the Institute still counts very heavily on its members and contributors for support.

Fortunately, that support has been steadily increasing as the activities and effectiveness of the Institute’s execution of its tasks becomes more focused and directed, but more is needed.

If you have had a significant gain this year that you would like to offset with a charitable contribution, now is the time to do it. If you can pledge a monthly contribution, it will help the Institute continue to do its important and powerful work. We are blessed to have the dedicated and knowledgeable staff who can offer help and hope to cancer sufferers, and equally dedicated members and contributors who support them. Please consider the Institute in your giving plans this year, and every year.

Thank you for your support and dedication!

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Fosamax® and Ritalin®. Their stories, warnings and severe damage are huge and much too extensive to review in this article. If you are ordered to take any of these drugs, check them out.

Another set of the most serious and dangerous drugs are the anti-depressants. One example is Zoloft®. Looking it up in the PDR, I found expectable side effects include agitation, anxiety, constipation, decreased sex drive, dizziness, fatigue, headache, insomnia and nervousness! It also produces bruises, changeable emotions, difficulty breathing and swallowing, and aggressiveness, hallucinations, impaired concentration, paranoia and suicidal thoughts! As if that were not enough (and there are others, too numerous to write up), but the ultimate insult: the anti-depressants also cause worsened depression!

Last year, the New England Journal of Medicine revealed that medical drugs, correctly prescribed and administered, had killed over 160,000 Americans a year.

Is it surprising that the public is showing less and less confidence in their doctor-prescribed drugs? In the pharmaceutical industry? A good 50% of the public is using ‘alternative’ medical procedures, herbs, acupuncture and more, since their doctors’ prescriptions don’t help them. Nutrition is always the easiest remedy to find and use.
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