

*We meet Prof. Takaho Watayo, MD*

## Top Japanese Surgeon Uses Gerson Therapy, Publishes Research

by Howard Straus, Editor

On Tuesday, August 29, we had the great pleasure of making the acquaintance of Dr. Takaho Watayo, recently appointed to the post of Professor of Clinical Medicine at Chiba Medical School, in addition to being one of Japan's most prominent surgeons and Subdirector of the Ohtsuna Hospital in Tokyo. He came to San Francisco with his lovely wife Chikako, and we drove up from Carmel to spend a couple of hours with them.

Prof. Watayo has a special significance to the Gerson Therapy, as he is one of the two Japanese Professors of Medicine who are doing long-term scientific studies of the Gerson Therapy in Japan. The other is Prof. Yoshihiko Hoshino, M.D., who healed himself of colon cancer with liver metastases over 15 years ago using the Gerson Therapy, and has since compiled records on over 500 cases of advanced cancer treated by the Gerson method.

Prof. Watayo is a great admirer of Prof. Hoshino, as well as being one of Japan's top surgeons, highly respected and with a great appreciation for scientific method and proof. He told us, "Dr. Gerson's words are like the words of God to us." We had to remind him of Dr. Gerson's very humble

nature, unassuming and modest. Dr. Gerson would most certainly have been embarrassed at such a statement. But Prof. Watayo and Prof. Hoshino are compiling the data and records that are leading to incontrovertible proof of the efficacy of the Gerson Therapy. The results that they have documented to date are far better than those of any currently accepted allopathic medical treatment for cancer. In Steve Kroschel's newly released documentary "Dying to Have Known", Prof. Watayo calls the results he is seeing, "Magnificent, magnificent!" Prof. Hoshino's very existence today, 16 years after a diagnosis of colon cancer with liver metastases, is a shining testimonial in itself. He has written a book about healing himself plus a dozen other cancer patients using his understanding of the Gerson Therapy.

Over lunch, Prof. Watayo presented us with compilations of his work relating to the Gerson Therapy in Japan, beautifully bound in small albums, along with pictures of some of his patients. One of these

patients, a woman whose large liver metastases disappeared within six months on the Gerson Therapy, was to be presented at Charlotte Gerson's lecture to the Cancer Control Society convention in Universal City over the Labor Day weekend. In return, we presented Prof. Watayo with printouts of every one of Dr. Gerson's publications, some dating back before 1910, along with CDs of the Long John Nebel interview with Dr. Gerson from January 15, 1957, the only known recording of Dr. Gerson's voice.

In a matter of three weeks, we shall be on our way to Japan to deliver a lecture to the Cancer Control Society (Japan Chapter) convention in Tokyo (see related article, p. 7), and will be introducing Prof. Watayo to the assembly. We hope to meet Prof. Hoshino, and visit the newly opened Gerson Therapy clinic in Tokyo. This is a very exciting time for the Gerson Therapy in Asia, and in the whole world, as respected and senior medical professionals begin to experience and research the excellent results that the Gerson Therapy has been producing for nearly 80 years.

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### Publication Schedule

The Gerson Healing Newsletter is published bi-monthly by the Gerson Institute. It is our membership organ, and is intended to keep our members informed of health issues surrounding the Gerson Therapy, including political developments, case histories, clinical notes and recent literature having a bearing on nutrition and health.

Members receive the Gerson Healing Newsletter six times a year. You can become a member of the Gerson Institute simply by making a tax-deductible contribution of \$30.00 or more (foreign memberships \$35.00) to The Gerson Institute.

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### GERSON® HEALING NEWSLETTER

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Howard D. Straus, Editor

Please address all letters and comments to:

**The Gerson Institute**  
1572 Second Avenue  
San Diego, CA 92101

☎ (619) 685-5353 fax: (619) 685-5363

e-mail: [mail@gerson.org](mailto:mail@gerson.org)

URL: <http://www.gerson.org>

Anita Wilson, Executive Director  
Carol Beard, Dir. Professional Services  
Kayla Smith, ND, Medical Director  
Diane Ake, Resource Development Spec.  
Nan Southern, Client Services  
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