Understanding the Levels of Reiki Training

All classes are a combination of lecture, group discussion and hands on practice. The skills taught in all Reiki trainings offered here are for personal development or to be used with family or friends.

**Reiki I/II — $350**


Reiki I/II are taught together during a weekend intensive course. All attunements are given. All the information and techniques in the manual, *Reiki the Healing Touch*, are covered including:

- Reiki hand positions
- Complete treatment for self and others
- Reiki II symbols and how to use them
- Using Reiki for specific conditions
- How to heal unwanted habits
- Distant healing, scanning, and beaming

The class is a combination of lecture, discussion, and experience. Practice time is included for all the topics listed above; however, it is expected that you will practice once a week for several weeks after the class using your notes and class manual to complete your mastery. This additional practice is necessary to gain experience and the confidence you need to fully utilize the Reiki training.

A detailed class manual is included.

**Advanced Reiki Training (ART) — $225**

In these classes you will learn:

- The Usui Master symbol which strengthens your Reiki energy
- The Usui Master symbol, which increases the effectiveness of the other symbols and can be used for healing
- Reiki meditation to strengthen the mind and expand consciousness
- Advanced techniques to achieve goals and resolve life lessons
- Using Reiki to protect yourself and others
- The use of crystals and stones with Reiki, and how to make a Reiki grid to continuously send Reiki to yourself and others
- Reiki aura clearing to assist in removing negative psychic energy from yourself and others
- An exercise is taught for those planning to take the Reiki Master class

A detailed 20-page class manual is included.

**Reiki Master — $650**

In these classes you will learn:

- Complete Reiki III Usui/Tibetan Master attunement
- Instruction on giving all attunements, including Reiki Master
- Complete Usui system and Usui/Tibetan system used by the Center
- The healing attunement, which heals and strengthens the effectiveness of Reiki treatments
- Two Tibetan symbols are taught, for a total of six symbols to assist in your Reiki healing work
- Advanced Reiki Meditation that harmonizes the energy of the chakras
- Values and spiritual orientation of a true Reiki Master

Powerful healing experiences often take place during this class. Students practice giving attunements to each other, so each student receives many attunements.

A 160-page class manual is included, which gives detailed steps for giving all attunements and healing techniques for both the ART and Master sections of the class.

**Karuna Reiki® Master — $875**

Karuna Reiki is a three-day intensive. It is an expression of the evolving nature of Reiki and was developed by The International Center for Reiki Training. After completing this class you will be a full Karuna Reiki Master able to practice all the techniques and to give all the attunements. In these classes you will learn:

- Four level one symbols, four level two symbols, and four master symbols. Description of uses and discussion
- Two attunements
- Meditations for self-healing and removing blocks to our progress, utilizing the Karuna Reiki symbols
- Instruction and practice in giving and receiving Karuna Reiki treatments using all the symbols
- Instruction and practice in giving attunements for Karuna Reiki Practitioner and Master levels
- Chanting and toning with Karuna Reiki

Lots of practice time takes place in class giving treatments using all the symbols along with practicing the attunements so the student leaves class confident in their ability.

A detailed 45-page class manual is included.

**Note:** You must have been a Reiki Master for at least one year to take Karuna Reiki Master training.
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