Books and Products to Stimulate Your Practice

The Natural Medicine Guide to Autism by Stephanie Marohn
This book outlines the reasons for our autism "epidemic" and details therapies that might successfully treat or reverse the disorder. Unlike the grim prognosis from conventional medicine, evidence here convincingly shows that when you identify and remove specific triggers using natural therapies, many of the symptoms of autism can disappear — and a normal life is possible. (softcover) Price: $15.95 + s&h

The Concise Book of Muscles by Chris Jarvie, MCSP, DP, MScS
This compact, illustrated reference guide clearly identifies all the major muscles, showing the origin, insertion, action and innervation of each one. By uniquely illustrating examples of stretching and strengthening exercises for each muscle, the guide allows you to develop an understanding of the mechanics of movement. (softcover) Price: $29.95 + s&h

Beyond the Dura 2003 Live Presentation Videos
For practitioners specializing in CranioSacral Therapy and other modes of complementary care, nothing compares to the educational and networking opportunities of Beyond the Dura biennial research conferences. Live, unedited videos are now available of your favorite presentations. They're nice reinforcement for the segments you saw — and just a hint of what you may have missed. Price: $50 for each video or $95 for a complete set (plus s&h). To select and order a video, visit www.iahc.com.

Vital Therapy Copper Cream
This patent-pending topical cream was formulated to relieve pain associated with inflamed joints, connective tissues, ligaments and tendons. It also offers powerful antioxidant properties that can help neutralize free radicals that cause tissue damage. (2.5 oz. tube) Price: $39.95 + s&h

Penetran Plus
Pleasantly scented, soothing pain relief without menthol, methyl salicylate, capsaicin or aspirin. Neutralizes pain instead of distracting with hot and cold ingredients. (2.5 oz. tube) Price: $12.50 + s&h

Sacro Wedgy
Designed to improve hip alignment and posture, the Sacro Wedgy elevates the sacrum and allows the hips to drop, muscles to stretch, and nerve endings in the sacroiliac area to relax. Ask for "male" or "female" Sacro Wedgy. Price Each: $29.95 + s&h

NEW CD!

Dr. John E. Upledger's HealthyCells
A great learning tool for health practitioners, educators, parents, kids, and anyone else who is interested in learning more about how you can work with your immune system to become a healthier person.

The Healthy Cells CD-Rom at a glance:
- Interactive CD for both PC & Mac users
- Colorful, animated immune system "characters"
- Relaxation exercise to get in touch with your body
- "Helpful, fun "Glossary" section"
- Personalized diploma you can print out
- Dr. Upledger's original compositions on piano
- More in-depth "Info for Parents" section
- Includes instructional book and colorful stickers
- See a demo @ www.healthycellsCD.com

Order Healthy Cells CD
Send $39.95 + $4.95 Shipping & Handling
By mail Send checks to:
The Upledger Institute
11211 Prosperity Farms Rd.
Suite D-325
Palm Beach Gardens, FL 33410
By credit card Call toll-free: 800.233.5880
Order online Log on: www.upledger.com

COMING SOON

Collector's Edition
CranioSacral Therapy: Touchstone for Natural Healing and SomatoEmotional Release: Deciphering the Language of Life
by John E. Upledger, DO, OMM
This new limited-edition, leather-bound book combines two of Dr. John E. Upledger's landmark volumes on CranioSacral Therapy in one collector's edition. Proceeds from its sale benefit The Upledger Foundation charities, including financial assistance for patient care and innovative community-outreach programs such as Post-Traumatic Stress Disorder, Compassionate Touch Helping Hands, BioAquatic Explorations and Beyond the Dura research conferences. (hardcover) Price: $65 + s&h.

To Order Books and Products
Call Toll-Free: 1-800-311-9204
Ask for priority code N0905. E-mail iahe@iahe.com.
Or visit www.iahe.com today.