Increasingly we’re learning about the importance of hormonal balance and its place in healthy natural aging. Stress impacts hormonal balance, reducing quality of life, including loss of libido, energy, and mental focus as well as sexual function.

Fortunately, there are natural alternatives to support hormonal systems. One of these is a little-known root vegetable grown high in the Andean mountains of Peru: maca has been shown to increase energy and stamina, enhance fertility, and promote healthy sexual function.

REJUVENATE THE ENDOCRINE SYSTEM
Maca is used to regulate hormonal functions and slow the decline of an aging hormonal system—for both women and men. Its action focuses on the root of all hormonal problems by nourishing and strengthening the hypothalamus/pituitary axis (HPA).

There are 8 billion reasons to choose non-refrigerated Primadophilus® Fortify™

Let’s start with six.

1) 8 billion active cultures per vegetarian capsule. That’s 60% more potent than the market leader.
2) Guaranteed non-refrigerated potency for the entire shelf life, not just at time of manufacture.
3) Superior enteric-coating withstands stomach acid to deliver the full potency directly to the intestines.
4) Once-daily dose in a tiny, easy-to-swallow capsule.
5) Synergistic 6-strain blend of lactobacillus and bifidobacterium for total intestinal support.
6) Double-foil blister packaging seals out air to keep probiotics potent and active longer at room temperature. Absolutely no refrigeration necessary!
Maca users find they have more energy and stamina, greater mental clarity, and improved mood and memory. The root vegetable is said to tone and strengthen the adrenal glands, thus improving overall body well-being.

A SAFE AND EFFECTIVE ALTERNATIVE TO HRT
Maca may be used as an alternative to conventional hormone replacement therapy (HRT) to help lessen the symptoms of menopause. Maca also regulates and balances the entire endocrine system, strengthening and toning the reproductive glands to promote a heightened sense of well-being and provide the body with greater energy and vitality.

MARVELLOUS FOR MEN, TOO
Affecting men between 40 and 55 years old, andropause is a result of testosterone deficiency in men. Symptoms include low sex drive, impotence, irritability, fatigue, muscle loss, and fat accumulation. By regulating the hormonal system in men, maca treats the root cause of andropause.

CHOOSING MACA
When shopping for a maca supplement, look for a brand that uses pure, certified organic maca originating from the Peruvian highlands. Gelatinization of maca (the removal of starch from the root, producing a powder that is easier to digest) allows for greater potency and optimal absorption.

Maca is available in capsules, tablets, and powder. It has a pleasant, malty, butterscotch-like flavour, perfect for smoothies. Remember, maca is a food and less than 1,500 mg daily will likely not deliver desired results. The suggested intake is 1,500 to 5,000 mg daily in two doses.

Carmen Mattes, MH, is a master herbalist from Gabriola Island, BC, whose passions are education, research, and writing.

Great digestion has never been so convenient!

Do you suffer from gas, bloating and occasional constipation?

Like all the Pearls™ brand products, Acidophilus Pearls™ features the True Delivery™ Technology to guarantee that active cultures SURVIVE stomach acids, ARRIVE in your intestines and THRIVE to provide exceptional support!

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The Smarter Probiotic

* NO REFRIGERATION REQUIRED!